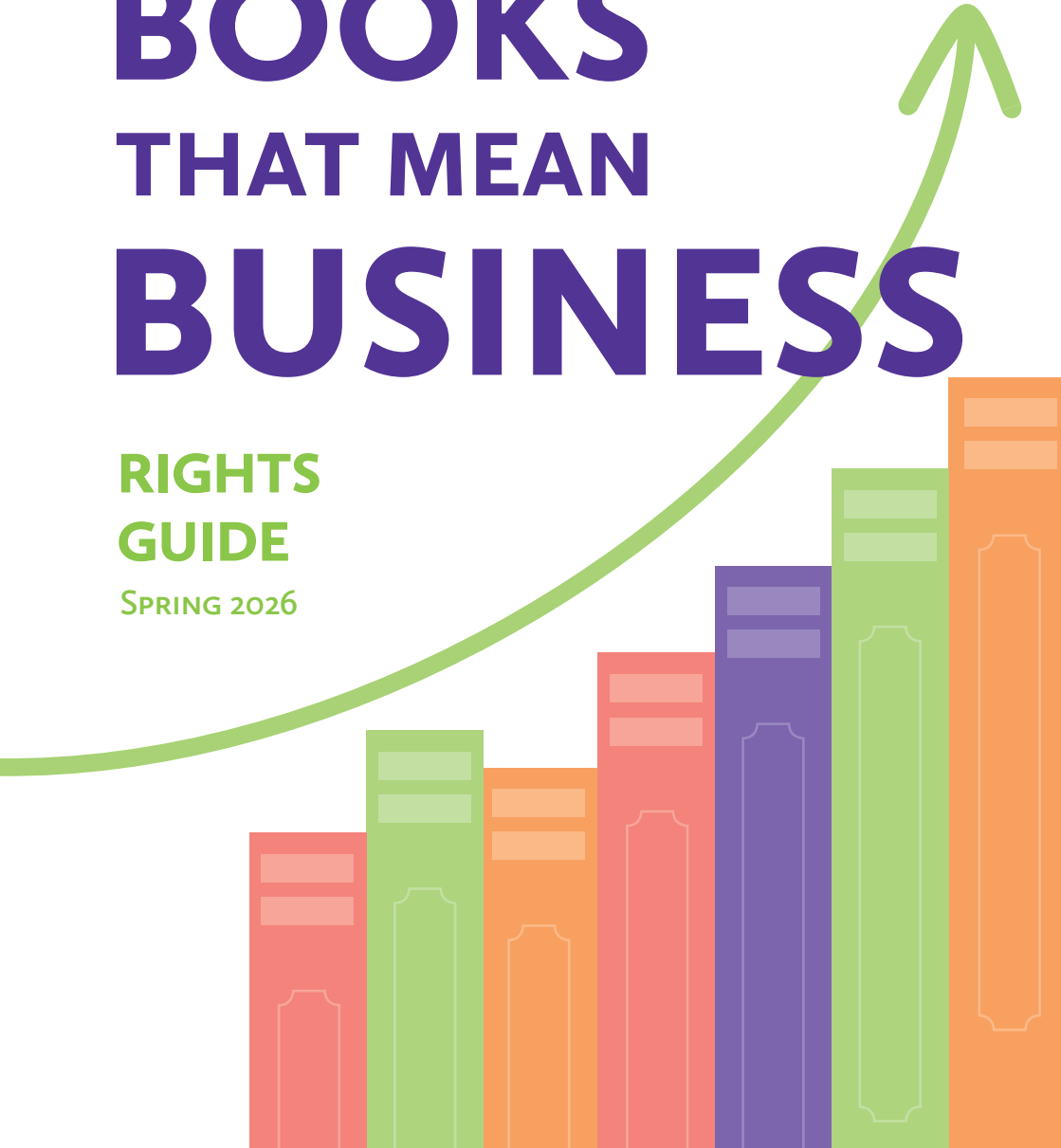


BOOKS THAT MEAN BUSINESS

**RIGHTS
GUIDE**

SPRING 2026



Practical and inspired publishing for **books that mean business.**

Welcome to the Spring 2026 Rights Guide from Practical Inspiration Publishing – the home of books that mean business.

These practical and inspiring non-fiction books for general readers cover topics from business management and professional development to well-being and parenting from authors who are world-renowned experts in their field.

Since launching in 2014, we have published over 170 brilliant and insightful books for life and business, many of which have been translated into multiple languages. I am delighted to share our recently published and forthcoming titles, together with some backlist highlights, in this rights guide.

If you would like to receive review material or find out more about any Practical Inspiration titles, please contact me at clare@rights2.co.uk.

Clare Hodder
Rights Consultant

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Welcome to

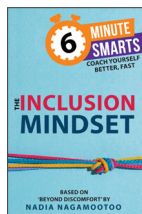


**NEW TITLES
AVAILABLE IN
JULY 2026!**

This is a series of very short books with one simple purpose: to introduce you to ideas that can make life and work better, and to give you time and space to think about how those ideas might apply to YOUR life and work.

Each book introduces you to ten powerful ideas, but ideas on their own are useless: that's why each idea is followed by self-coaching questions to help you work out the 'so what?' for you in just six minutes of exploratory writing. Because that's where the magic happens.

Whatever you're facing, there's a Six-Minute Smarts book just for you. And once you've learned how to coach yourself through a new idea, you'll be smarter for life.



Because once you've learned how to coach yourself
through a new idea, you'll be smarter for life.
(And work.)

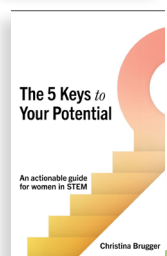
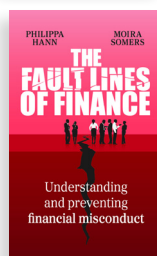
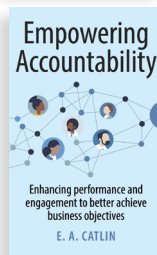
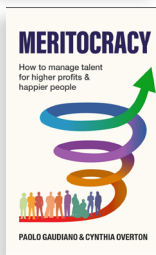
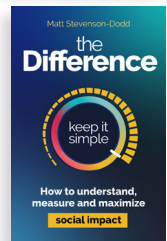
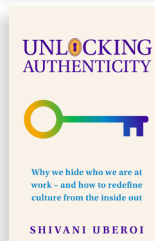
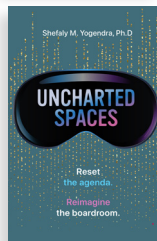
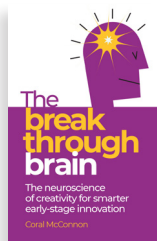


Little books,
big ideas!

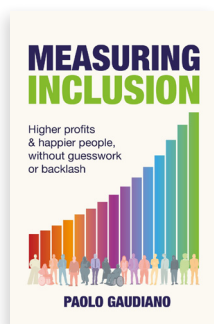


a groundbreaking new series from
Practical Inspiration
Publishing

BUSINESS



BESTSELLERS BUSINESS



Measuring Inclusion
Paolo Gaudiano
September 2024

Goody Business Book Awards 2024 - WINNER
Get Abstract International Book Award 2024 - WINNER

Currently under review for several languages



Smart Conflict
Alice Driscoll,
Louise van Haarst
September 2025

A highly practical, immediately implementable guide to getting good at conflict at work.

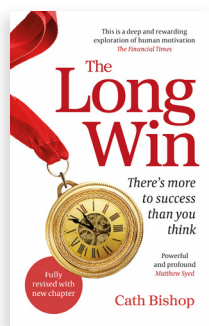
Rights sold: Chinese Simplified • Chinese Traditional



Workjoy
Beth Stallwood
January 2023

Best HR Book – HR Magazine
People's Book Prize Shortlisted
Business Book Awards 2024 - Runner Up

Rights sold: Polish • Vietnamese



The Long Win (2nd ed.)
Cath Bishop
May 2024

'Powerful and profound' – Matthew Syed

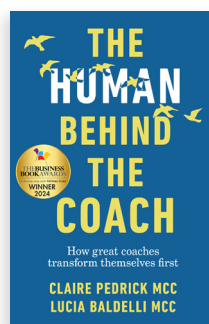
Rights sold: Chinese Simplified Characters • Chinese Traditional Characters • Mongolian



The Best 90 Days Ever
Hannah Isted
March 2024

Business Book Awards 2025 - Runner Up

Currently under review for several languages



The Human Behind the Coach
Claire Pedrick,
Lucia Baldelli
November 2023

Business Book Awards 2024 - WINNER

Currently under review for several languages



PREVIOUSLY ANNOUNCED

ISBN: 9781788607704

Pub. Date: 23 February 2026

Extent: 224

Rights: World

KEY SELLING POINTS:

- Author brings international experience from across Europe, Asia and North America, paired with experience as an award-winning keynote speaker, blogger and vlogger.
- Written in simple, accessible language with zero technical jargon.
- Includes a free personalized online assessment to help readers identify their strengths and weaknesses.

INNOVATOR

10 simple steps to innovate with speed, scale and confidence

Tom Pullen

Innovating is no longer optional – it's the difference between staying ahead and falling behind. Inside large companies, it often feels slow, complex, and risky. Meanwhile, agile startups are moving fast, taking bold bets and disrupting industries overnight.

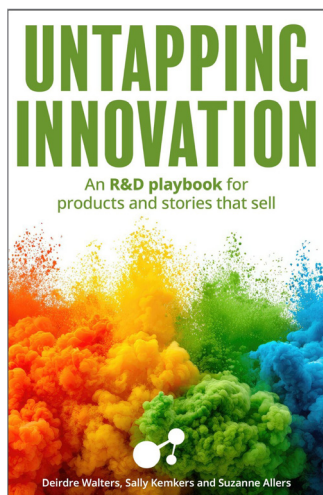
INNOVATOR will help you:

- align innovation with company strategy, so leadership supports your projects
- lead innovative projects with confidence, knowing exactly which steps to take
- create solutions which delight customers, driving measurable business growth

At the heart of this book is the INNOVATOR Way™, the step-by-step system trusted by top companies in 40+ countries to turn innovation initiatives into business results. This robust roadmap takes the guesswork out of innovating, making it simpler, faster, and far less risky.

AUTHOR DETAILS

Tom Pullen is an innovation expert and founder of innovation acceleration company Innovinco. He spent the first 18 years of his career innovating inside major corporations including Boots, Mars, and Danone, where he was appointed Global Innovation Director, and now focuses on helping the world's leading corporations to accelerate business growth through building innovation culture, capability and confidence. Based in France, Tom teaches Innovation at Europe's leading business school, HEC Paris. He regularly travels internationally, working with companies including Toyota, Henkel, Unilever, Coca-Cola, and LVMH (Moët Hennessy Louis Vuitton).



ISBN: 9781788609524

Pub. Date: 2 June 2026

Extent: 276

Rights: World

KEY SELLING POINTS:

- The Connected R&D Innovation Cycle – a practical framework that connects products with users and aligns R&D with marketing.
- A range of agile tools, all with proven workplace success, evidenced by case studies and explained through detailed diagrams.
- Top tips on getting the most from each tool and avoiding potential pitfalls.

Untapping Innovation

An R&D playbook for products and stories that sell

Deirdre Walters, Sally Kemkers & Suzanne Allers

Innovating in R&D is tougher than ever.

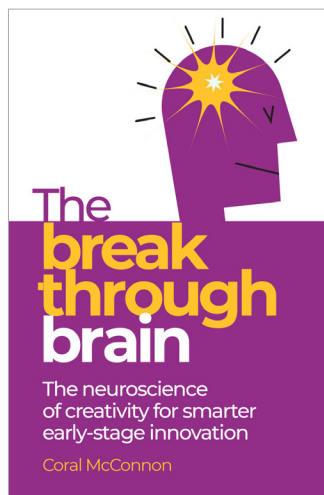
R&D teams are working harder than ever, yet most innovations still fail. Traditional approaches often overlook the user and don't dig deep enough into product points of difference, leading to generic solutions, costly rework cycles and missed opportunities.

Untapping Innovation offers a smarter way forward. This essential playbook, from the founders of the hugely successful Untapped Innovation, offers simple, flexible tools to help R&D teams build products that users truly love. Discover how to extract deep user insights, craft Ideal Product Models, create Minimum Viable Products and write compelling product stories that resonate with both consumers and stakeholders, to bridge the gap between innovation and market success.

AUTHOR DETAILS

Suzanne, Sally, and Deirdre are founding partners of Untapped Innovation, a global consulting and training agency helping R&D teams at companies like PepsiCo, P&G, Unilever, and Reckitt develop breakthrough products and tell product stories.

At P&G, Suzanne and Deirdre created the "Technical Product Story" framework, now used globally as a springboard for product communication. Regular speakers and award winners, they've been featured in *The Independent*, *Investing.com*, and *Business Insider*.



ISBN: 9781788609616

Pub. Date: 19 May 2026

Extent: 220

Rights: World

KEY SELLING POINTS:

- Digestible neuroscience demystifies how the brain works during creative thinking.
- The Neuroscience of Creativity framework guides where you need to focus to strengthen your front-end innovation journey.
- Includes practical Neuroscience of Creativity audit questions, tools and techniques for each chapter.

The Breakthrough Brain

The neuroscience of creativity for smarter early-stage innovation

Coral McConnon

How do you escape ‘business as usual’ thinking and regularly and reliably create breakthrough ideas?

Millions are spent every year in the quest to generate breakthrough ideas to drive growth. Yet fewer than 25% of people believe they’re doing a good job of harnessing creativity to get to big ideas.

The Breakthrough Brain helps you harness human creativity with the digestible, inspiring and immensely practical Neuroscience of Creativity framework. Discover the three principles you need to master to demystify creativity unlock regular and reliable innovation and solve this disconnect: – Peak Creative Headspace – Novel and Inspiring Connections – Breakthrough Decision Making.

The result? You’re free to play your creative A-game, rediscover the joy of creativity, ignite big ideas and drive business growth.

Whether you’re in Innovation, Insights, Marketing/ Brand or R&D, or simply have a mandate for injecting fresh thinking into your business, this is for you.

AUTHOR DETAILS

Coral McConnon is the Founder of 8 Innovation and a champion for the power of creativity to deliver smarter, more strategic innovation. Over the last 15 years she has worked with global brands on hundreds of complex front-end innovation challenges, applying the neuroscience of creativity to ignite bigger ideas that land.

She regularly posts thinking on smarter innovation on LinkedIn and hosts webinars helping people apply the neuroscience of creativity to real-world innovation.



ISBN: 9781788609968

Pub. Date: 22 September 2026

Extent: 240

Rights: World

KEY SELLING POINTS:

- Introduces the IDEA Flow framework for managing creative paradoxes.
- Real-world case studies from industrial, manufacturing, and technical sectors.
- Reflective questions and prompts at the end of each Spark (chapter) together with practical tools like the Creativity Audit and IDEA Flow Canvas.

The Creativity Paradox

Why organizations end up killing the innovation they crave (and what to do about it)

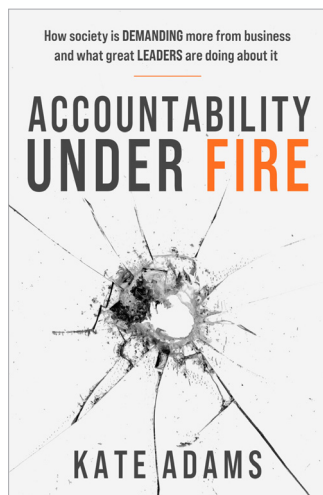
Abdelmoula El Hadi

Why do bold ideas die inside well-managed companies, and how can leaders create the right conditions for them to thrive? Paradox seems inescapable when it comes to organizational innovation, especially in high-stakes sectors. How do leaders navigate freedom and structure, risk and responsibility, collaboration and solitude, originality and incremental improvement to turn ideas into impact? Drawing on 15 years of cross-industry experience, Abdelmoula El Hadi blends neuroscience, psychology, and real-world case studies from manufacturing, engineering and industrial technology. His IDEA Flow framework is a practical tool for navigating these paradoxes at the heart of creativity, allowing you to reliably spark creativity under pressure, nurture it in complex systems, and turn it into meaningful results.

This is not a book about flashy brainstorming or startup clichés. It's a guide for leaders in high-stakes (and heavy) industries who need innovation that actually works in practice. With real-world stories, reflective questions and practical tools, it equips you to design creativity into your operating culture.

AUTHOR DETAILS

Abdelmoula El Hadi is an internationally recognized innovation leader and Head of Innovation at Knauf Insulation. With 15 years of experience across automotive, construction materials and industrial technology, he has led transformative initiatives that connect business growth, environmental responsibility and human-centred design. His focus is on building innovation ecosystems that empower teams, accelerate impact, and embed sustainability into the heart of R&D and operations.



ISBN: 9781788607988

Pub. Date: 26 May 2026

Extent: 220

Rights: World

KEY SELLING POINTS:

- Real insights, practices and advice from leaders across varying industries.
- What business can learn from the Military, Government and Civil Society when it comes to societal accountability.
- Practical tools every leader and leadership team can use to deliver on socially conscious leadership.

Accountability Under Fire

How society is demanding more from business and what great leaders are doing about it

Kate Adams

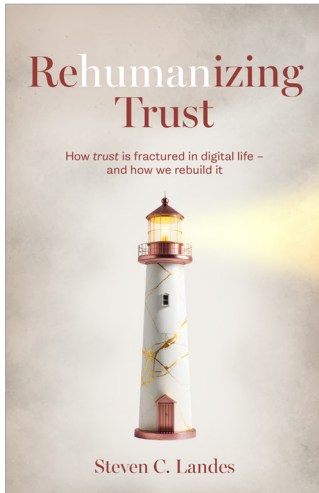
Society now has a seat in the boardroom – what does that mean for leaders?

The age of transparency is giving society (including employees) a ring-side seat in the business world. There is low trust and high scrutiny of business leaders – yet little support on what it means to be accountable to society. Where are the boundaries of accountability today? And what changes do leaders need to make?

This isn't a book about how to look good or delegate doing good. It's about how great business leaders own and navigate that challenging shift. If you believe the role of business in society goes beyond shareholder value, if you want to lead a company that understands its role in strengthening society, then this is for you.

AUTHOR DETAILS

Kate Adams has spent 25 years helping businesses to design and deliver on their accountability to society, and helping non-profits deliver social impact through partnership with business. She has consulted with some of the world's biggest corporations, and held senior leadership positions in non-profits such as Comic Relief. She is a Non-Executive Director at ParalympicsGB and co-host of the podcast 'Seat for Society'.

**DRAFT COVER****ISBN:** 9781805760061**Pub. Date:** 1 September 2026**Extent:** 176**Rights:** World**KEY SELLING POINTS:**

- Offers a rare integration of technology, ethics, and lived experience - examining how digital systems exploit trust and how we can reclaim it.
- Each chapter includes short, provocative questions designed to deepen self-awareness and spark meaningful dialogue in teams and communities.
- Bridges insights from cybersecurity, systems thinking, leadership, trauma studies, and social change, making it practical for professionals across sectors grappling with ethical and relational crises.

Rehumanizing Trust

How trust is fractured in digital life – and how we rebuild it

Steven C. Landes

Why do our systems no longer feel human? An exploration of how trust erodes – quietly and systemically – across digital platforms, institutional cultures and everyday interactions.

Drawing together insights from cybersecurity, systems thinking, leadership, trauma studies and social change, *Rehumanizing Trust* reveals how our trust instincts are exploited by systems built for compliance, not care. But it also offers a way forward: a path to reclaim trust as a relational architecture rooted in presence, memory and mutual risk.

At a time when artificial intelligence, institutional distrust and emotional fatigue are reshaping our lives, this book is both a companion for those trying to stay human in systems that prioritize performance over presence and a practical handbook for professionals grappling with ethical and relational crises.

AUTHOR DETAILS

Steven C. Landes is a seasoned cybersecurity leader, former campaign analyst and systems strategist with over a decade of experience navigating complex institutional, digital and human terrains. His career spans cyber threat intelligence, criminal counseling and executive engagement across healthcare, finance and national security sectors.

A Certified Information Systems Security Professional (CISSP) with an MBA in Strategic Thinking, Steve brings a rare blend of technical acumen and human insight to questions of digital trust and systemic change.



ISBN: 9781805760030

Pub. Date: 29 September 2026

Extent: 240

Rights: World

KEY SELLING POINTS:

- Focuses on how individuals can change their relationship with change, not only in order to deliver strategic change but also to become better leaders.
- Provides a practical roadmap for learning and developing adaptability via the author's Adaptability Intelligence model.
- For each key idea in the model, the author provides "antidotes" or "stimulants" to help readers develop their adaptability mindset.

Adaptability Intelligence

Mastering the #1 leadership skill for whatever happens next

Rich Alderton

Right now, the chances are that the world is changing faster than your organization. And it won't be slowing down any time soon.

If your organization is stuck in the old model of change – unfreeze, move, refreeze – sooner or later you'll fall so far behind that you fall over. Instead of relying solely on change management skills, what you also need now is Adaptability Intelligence. When you move your people from fear of change to freedom to change, you set them up for higher productivity, better leadership and transformational change – forever.

Those who are more adaptable don't just bounce back from adversity, they bounce higher, able to see any change as the chance to make a difference to others and to challenge themselves. They have the confidence to face an uncertain future knowing that they're ready to make the most of whatever happens next.

When everything changes, all the time, adaptability is the only future-proof skill, and the one that unlocks all the others.

AUTHOR DETAILS

Rich Alderton has been leading change for over 25 years, in roles that have included head of a billion-dollar supply chain, regional CEO of a global No.1, and board member of a listed company. He now runs a leadership development practice, with a diverse client list that ranges from agritech start-ups in NZ to the UK's NHS.

Rich is emerging as a thought-leader on Adaptability. He's a regular guest on podcasts, an experienced public speaker.



ISBN: 9781788608770

Pub. Date: 14 April 2026

Extent: 192

Rights: World

KEY SELLING POINTS:

- Practitioner stories and case studies of success, along with comprehensive, actionable checklists.
- Resources for further readings on topics discussed in the book.
- Takes a global outlook featuring stories of directors from Asia, Europe, Africa and beyond.

Uncharted Spaces

Reset the agenda. Reimagine the boardroom.

Shefaly M. Yogendra, Ph.D

What happens in boardrooms? How are decisions made?

How can board directors keep on top of rapid, unpredictable change in the business environment?

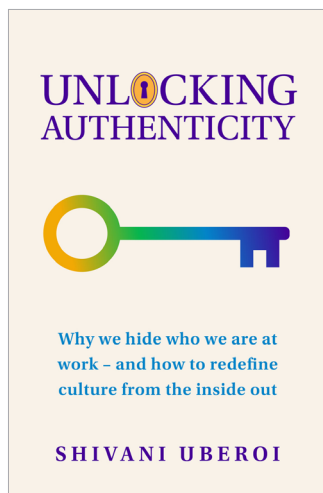
How are boards and business leaders changing to remain relevant for the future?

Whether you are a business leader or a board director, this book will help your stewardship of businesses, as you navigate the dynamic world of strategic decisions in the face of complex challenges and rich opportunities.

AUTHOR DETAILS

Shefaly M. Yogendra, Ph.D is an experienced independent non-executive director and committee chair. She has served on boards of listed and privately held companies, a university and an LLP. She brings over three decades of multi-sector experience and multidisciplinary training to questions of technology and innovation, risk and foresight, and governance practices.

Shefaly helps make emerging technologies understandable and business-relevant for boards and executives alike, and is a popular keynote speaker and podcast guest on themes such as AI, investment, decision making and risk.



ISBN: 9781788608893

Pub. Date: 9 June 2026

Extent: 200

Rights: World

KEY SELLING POINTS:

- Storytelling and heartfelt lessons from those who have lived a life of ‘fitting in’.
- Insights and research on how and why people cover up and the impact this has on mental health, engagement and productivity.
- Thought-provoking self-reflection exercises and practical frameworks to enable deeper understanding and provide guidance for behavioural and workplace culture change.

Unlocking Authenticity

Why we hide who we are at work – and how to redefine culture from the inside out

Shivani Uberoi

What would workplaces look like if no one had to hide? From subtle code-switching to outright concealment, millions of employees hide aspects of their identities to fit in at work.

In this book, you’ll explore the untold stories of those who mask, the systemic forces that compel it, and the ways leaders and HR professionals can dismantle these barriers. Combining compelling narratives, research insights, and practical tools, this book offers a clear roadmap to foster authenticity and psychological safety in the workplace.

With timely strategies for navigating the backlash against DEI, *Unlocking Authenticity* equips readers to drive meaningful change and create environments where employees are empowered to show up as their true selves—and thrive.

AUTHOR DETAILS

Born in Britain, to an immigrant Indian family, Shivani Uberoi found herself in the corporate world, trying to progress a finance career in a male dominated environment. In 2012 she started the company’s charge for diversity and inclusion by pioneering the business case for change. In 2017 Shivani set up two employee networks at Sky which connected thousands of people across the UK. She then led Sky’s gender equality program as Head of Women in Leadership, winning accolades such as ‘Top Employer for Inclusion’. She is a sought-after speaker, having spoken at organizations including Pepsico, Sky, Universal, and BMW, and has given a TEDx talk, ‘Why fitting in will screw you up’. She has featured on Sky Sports news, BBC radio and other media outlets speaking about inclusion.



ISBN: 9781788609555

Pub. Date: 23 June 2026

Extent: 224

Rights: World

KEY SELLING POINTS:

- A step-by-step approach to simplifying the way social impact and social value is assessed, with case studies from some of the most impactful organizations in the world.
- Highlights the latest tools and methods of maximizing social impact including live data visualization, using large public data sets, and AI.
- Applicable to ALL organizations, with individual chapters focusing on the unique challenges faced by corporates, the public sector, charities, health organizations and funders in measuring the difference they make.

The Difference

How to understand, measure and maximize social impact

Matt Stevenson-Dodd

It has never been more important to identify, amplify and communicate the positive impact organizations are making in the world. Yet bosses, shareholders, colleagues, boards, funders, new employees and stakeholders are all too often left without a good answer to a seemingly simple question: 'Has the significant investment we have made into "making a difference" actually made any difference whatsoever?'

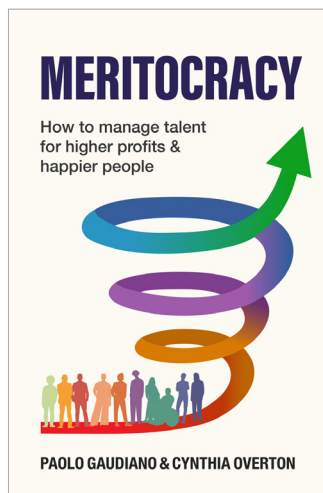
Whether you're a business, charity, local authority, or government department leader, discover what it really takes for an organization to make an impact in the world, and most importantly how you can truly understand the difference you are making.

AUTHOR DETAILS

Matt Stevenson-Dodd is founder and chief executive of Trust Impact, a consultancy helping organizations build trust through innovative impact measurement and reporting.

With a 30+ year career as chief executive of some of the UK's most socially impactful and innovative organizations, Matt is trusted by the CEOs, boards, chairs and senior leaders of hundreds of organizations around the world to help find pragmatic solutions to understanding, measuring and maximizing their social impact.

With clients including The Crown Estate, Shell International, RSPCA, Duke of Edinburgh International, Cambridge City Council, and Refugee Council, Trust Impact has challenged traditional and complicated impact measurement with a much simpler and more strategic offer.



ISBN: 9781788609432

Pub. Date: 9 June 2026

Extent: 200

Rights: World

Also by Paolo Gaudiano:

Measuring Inclusion: Higher profits & happier people, without guesswork and backlash

KEY SELLING POINTS:

- The language you need for meaningful, productive conversations about talent management.
- Step-by-step guides on how to collect and use the right data to support an engaged, satisfied and productive workforce.
- Interactive activities that readers can conduct in their organizations to put ideas into practice.

Meritocracy

How to manage talent for higher profits and happier people

Paolo Gaudiano & Cynthia Overton

Most leaders believe in meritocracy—very few know how to build it.

Meritocracy introduces a powerful framework for managing human assets more effectively so that all talent can thrive. Learn how to develop strategies and implement measurable workplace initiatives that reduce risk, increase profits and build trust across your workforce, so that everyone embraces—and is accountable for—the success of the entire organization. Whether you're navigating a changing landscape or seeking a competitive edge, *Meritocracy* will help you create a high-performing, inclusive, and resilient organization—where everyone has a real chance to succeed and contribute meaningfully to the bottom line.

AUTHOR DETAILS

With degrees in Applied Mathematics, Aerospace Engineering, and Computational Neuroscience, Paolo Gaudiano jokes that he had literally done rocket science and brain surgery before turning to a really hard problem: how to create companies that have happier employees while making more money. Paolo is a sought-after speaker, having presented his work at several hundred conferences and events around the world, including two TEDx talks. He is the author of dozens of academic papers and over 100 blogs in major online publications.

As a recognized leader in inclusive workplace practices and talent management, Cynthia Overton led the creation of a 26-module certificate program to maximize employee engagement and performance, and has convened top professionals to advance innovative workplace practices.

the
HOW
*of high
performance*

Master high-stakes leadership
Achieve results that matter

**SALLY
HENDERSON**

ISBN: 9781788608534

Pub. Date: 16 June 2026

Extent: 200

Rights: World

KEY SELLING POINTS:

- The REAL Method™: A proven framework to master high-stakes leadership with actionable tools and strategies.
- Real-world case studies: Insights from respected senior executives navigating pressure, complexity, and transformation.
- No-Nonsense advice & Tailored Solutions: Straight-talking advice that cuts through leadership jargon and delivers results, and practical approaches to thrive under pressure.

The HOW of High Performance

Master high-stakes leadership, achieve results that matter

Sally Henderson

When the stakes are high, how you lead is everything.

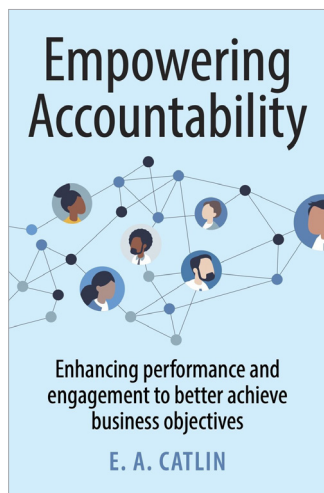
The HOW of High-Performance isn't about leadership theory. It's about mastering how you lead when the stakes are high and the pressure is real. C-suite leaders are expected to perform at their best, yet few ever stop to refine the foundations that make the biggest difference in high-stakes moments. This book fills that gap.

Through the REAL Method, you'll rethink your leadership role, overcome emotional blockers, and sustain the energy to lead at your best. No fluff. No recycled advice. Just straight-talking tools to help you lead with clarity, confidence, and impact when it matters most.

Whether navigating transition, managing crisis, or refining your leadership, this book equips you to take control, perform under pressure, and deliver results that count.

AUTHOR DETAILS

Sally Henderson is a High-Stakes Leadership Mentor who helps C-suite leaders and their teams navigate complex challenges with clarity and speed. Having run a successful headhunting firm, she now focuses on the most challenging C-suite issues. A Master NLP practitioner and certified Motivational Map Profiler, she takes a refreshingly direct approach in a world full of jargon to deliver real results when it matters most.



ISBN: 9781788609586

Pub. Date: 14 April 2026

Extent: 192

Rights: World

KEY SELLING POINTS:

- Contains comprehensive glossary to help readers understand key terms and concepts.
- Examples of operational situations are provided to illustrate key concepts.
- Reflective Questions are provided in the 'Bringing it All Together' section at the end of each of the book's 4 Parts.

Empowering Accountability

Enhancing performance and engagement to better achieve business objectives

E. A. Catlin

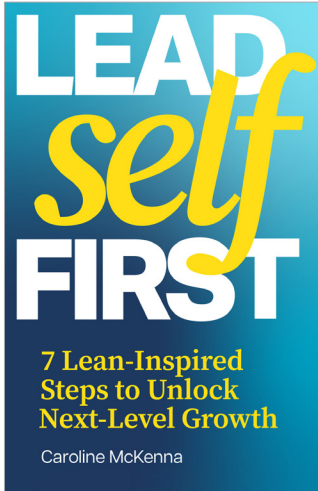
A new approach for integrating operational risk management.

Accountability continues to be a key factor in corporate scandals. While today's governance structures are sufficient, their deployment within the operating environment may not be effective. This is because current thought leadership views accountability and empowerment from a talent management perspective. While this view remains important, organizations need to establish accountability more effectively within the context of the operating environment.

Empowering Accountability addresses today's accountability pitfalls and shows how organizations can integrate environmental, social and governance (ESG) risk management within their operating environments to achieve business objectives and drive high-performance organizations.

AUTHOR DETAILS

E. A. Catlin holds a more holistic view on the effect that risk management frameworks have on performance and engagement, thanks to holding a wide variety of roles in mid to large global enterprises. These roles often focused on implementing or auditing the application of internal control and risk management frameworks across an enterprise. These experiences were further augmented with certifications in enterprise risk and ESG management that provided a deeper perspective of the effect that such frameworks have on organizational culture, providing a unique perspective of how organizations should empower accountability to better manage operational risks.



ISBN: 9781788609647

Pub. Date: 30 June 2026

Extent: 176

Rights: World

KEY SELLING POINTS:

- Real-life stories of how leaders overcame 'inner unrest' and led themselves confidently to next-level growth.
- A lean-inspired framework of self leadership that can be applied to any goal – igniting a culture of self-leadership that drives next-level growth.
- Reflective questions, practical tools and activities to help you achieve next-level growth on your terms without sacrificing what matters most.

Lead Self First

7 lean-inspired steps to unlock next-level growth

Caroline McKenna

Ever noticed that it's when you're on the brink of next-level growth that the inner unrest surfaces? It shows up in different ways. Maybe you can't seem to get out of the day-to-day work to focus on strategic activities. Or you doubt your ability to take your growing SME to the next level. Or maybe you realise you're so addicted to working that you feel guilty when you invest in self-care.

But the truth is that this inner unrest costs you and your business dear: it creates hidden buckets of waste that can stop you – and your team – from achieving and enjoying next-level growth.

The good news is that it all starts with you. The 7-step 'Lead Self First' framework will support you to take control by leading yourself first, and gives your team a structure they can use too, so you can navigate the challenges of growth with confidence and get from where you are to where you want to be.

AUTHOR DETAILS

Caroline McKenna is an accredited executive coach and founder of Lead Self Coaching and Development, with 20 years' experience working in growing SMEs, leading and developing teams. She coaches global business leaders, and supports scaling SME leaders to navigate the challenges of pursuing ambitious goals. Caroline runs her award-winning business from Northern Ireland. She developed the Lean Self First Model from her experience of working with Ireland's top entrepreneurs to unlock next-level growth.



ISBN: 9781788609494

Pub. Date: 21 April 2026

Extent: 176

Rights: World

KEY SELLING POINTS:

- Directly addresses the three most burning questions of new sales leaders.
- Includes examples, stories and checklists, and self-coaching questions for reflection.
- The companion www.stepuptosalesleader.com website is packed full of downloadable templates and resources.

Step up to Sales Leader

How to lead your new sales team to thrive and grow

Amanda Downs

Sales is the lifeblood of every organisation, and more than ever we need strong, capable, humble, authentic and inclusive commercial leaders who know how to get the best out of their sales teams.

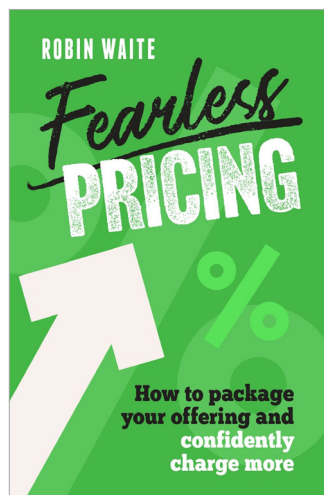
You were at the top of your game as a sales person. But now you're a sales leader, and getting results through a high-performing sales team is a different game. There are so many different hats you need to wear: Chief Strategy Officer, Chief Team Motivator, Chief Value Storyteller...

Discover a simple, powerful framework to help you make that transition, mastering each critical area of sales leadership step by step. Easy to read and packed with real-life examples, tips and coaching questions you can use today, together with downloadable tools and templates, this is the essential guide to success in what can be one of the toughest, loneliest jobs in business.

AUTHOR DETAILS

Amanda Downs has worked with teams in the publishing, food, cleaning, engineering, health and art industries. She provides commercial strategy facilitation, leadership coaching and sales capability training to multinational brands as well as SME business owners and the UK health service.

Amanda's career started in sales and marketing, where she has held board director positions in the UK and Ireland. She has focused on commercial leadership and team capability since 2006, and is now Director of Commercial Leadership at The Uspire Group, and Founding Director of her private coaching practice, Sales Growth Expert. She hosts the podcast Sales Leader Secrets.



ISBN: 9781788608817

Pub. Date: 02 June 2026

Extent: 224

Rights: World

KEY SELLING POINTS:

- Covers the theory of pricing, money mindset and the practical implementation steps all in one book.
- Real results: discover how a humble, local web design company went from £800/mth to £8k/mth in recurring revenue, and how a design agency went from charging £500 for logo design to £18,000 for a one-day branding workshop using these principles.
- Tactical & Mindset shift: how anyone can build the belief to double their prices in under 10-minutes.

Fearless Pricing

How to package your offering and confidently charge more

Robin Waite

You're smart, experienced, and get incredible results for your clients. But if you're still charging by the hour, underpricing your value, and ending each month exhausted and underpaid... something's broken — and it's not your work ethic.

Fearless Pricing is the no-fluff pricing guide for coaches, consultants, and freelancers who are tired of trading time for money. Using the powerful MONEY framework, business coach Robin Waite shows you how to shift your mindset, build irresistible offers, master sales conversations, position yourself as a premium provider, and take full ownership of your value — without compromise.

You'll learn how to:

- Break free from imposter pricing and self-doubt
- Design offers that reflect your true worth
- Sell with confidence (without sounding “salesy”)
- Attract better clients and charge more with ease
- Build a pricing model that works for you

It's time to stop surviving and start thriving. Because fearless pricing isn't about charging more — it's about finally getting paid what you're truly worth.

AUTHOR DETAILS

Robin Waite is the Founder of Fearless Business, regular speaker at various business events and best-selling author of several bestselling books, including *Online Business Startup*, *Marketing Machine* and *Take Your Shot*. He has delivered workshops and masterclasses that helped over 1,000 business owners improve their marketing, product architecture, pricing, websites and digital advertising.

The biggest opportunities in sustainable investing

Real Returns

WINCEL KAUFMANN

ISBN: 9781788609463

Pub. Date: 5 May 2026

Extent: 200

Rights: World

KEY SELLING POINTS:

- Investor profiles at the end of each chapter show how institutional investors are navigating sustainable finance.
- Explanation of why each sector is an attractive asset class for institutional portfolios.
- Actionable takeaways and reflective questions to help professional investors, finance professionals, chief investment officers, and business leaders navigate capital decisions.

Real Returns

The biggest opportunities in sustainable investing

Wincel Kaufmann

What if the biggest financial returns of our time come from solving the world's greatest challenges?

Real Returns highlights the biggest opportunities in sustainable investing. It goes beyond applying ESG criteria to your investment portfolio to identify the biggest, most profitable and exciting sectors that provide both financial returns and sustainable outcomes. With strategies for your portfolio, evolving standards and frameworks and their limitations, it's a must-read for professional investors, finance professionals, chief investment officers, and business leaders navigating capital decisions.

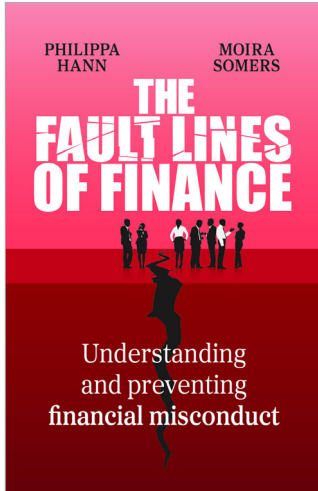
As the climate crisis and capital markets converge, this book could not be more urgent or more empowering.

AUTHOR DETAILS

Wincel Kaufmann is a leader in sustainable investing, a former BlackRock executive and the founder of blueColab, a company focused on sustainable investing and capital advisory.

At BlackRock she served as Global Sustainable Investing Lead for the Private Markets, leading sustainability strategies across real estate, infrastructure, private equity and credit, shaping sustainable investment strategies for over \$300 billion in assets. Her work supports the advancement of the low-carbon transition, mobilizing private capital for renewable energy and driving innovation in nature-based solutions.

She has authored white papers and contributed to the 'State of European Pension Funds' Net-Zero Transition' report by Climate Policy Initiative. She is a Swiss-Filipina who has lived in five countries and speaks three languages.



ISBN: 9781788609197

Pub. Date: 08 September 2026

Extent: 200

Rights: World

Also by Moira Somers:

Advice That Sticks: How to give financial advice that people will follow. *Rights sold: Chinese Simplified*

KEY SELLING POINTS:

- A critical analysis of the forces driving both ethical and unethical behaviour in financial services.
- Written by a lawyer and a psychologist who bring deep insights from their work with victims and perpetrators of financial misconduct.
- Includes actionable strategies and practical tools to build resilience against ethical failure for all levels of financial services professional.

The Fault Lines of Finance

Understanding and preventing financial misconduct

Philippa Hann & Moira Somers

Discover what helps financial professionals stay ethical—and the unexpected forces that threaten to derail them.

In this groundbreaking work, a seasoned financial services lawyer joins forces with a neuropsychologist to expose the hidden psychological currents and power dynamics that threaten to drive high-stakes ethical failures. Through riveting case studies of real-world frauds and moral crises, they take you beneath the surface of everyday decisions to reveal the invisible forces that can compromise even the most principled professionals.

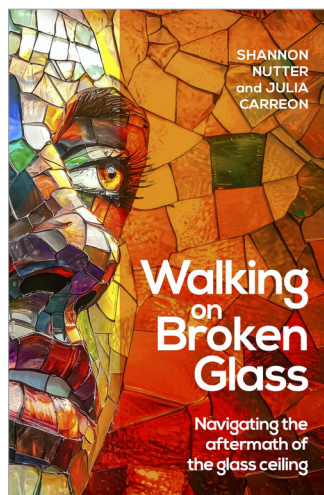
This isn't abstract ethical theory. It's a practical roadmap that reveals:

- How ethical breaches actually occur in real-world scenarios
- Why scandals persistently plague financial services
- The common psychological blind spots that leave everyone vulnerable
- Concrete strategies that will transform integrity from aspiration to deliberate practice

AUTHOR DETAILS

With over twenty years' experience as a specialist financial services lawyer and now CEO of pioneering financial planning firm, Paradigm Norton Financial Planning, Philippa Hann brings this legal and strategic expertise to bear in guiding the business toward meaningful, values-based growth.

Dr. Moira Somers is a leading practitioner in the fields of financial psychology and behaviour change. She consults with financial professionals and organisations around the globe.



ISBN: 9781788609876

Pub. Date: 15 September 2026

Extent: 240

Rights: World

KEY SELLING POINTS:

- Practical Tips and Power Plays for each chapter.
- Reflective self-assessment questions.
- Online resources (i.e. takedown checklist, Sisterhood Code, Chat GPT prompt for assessing signature characteristics).

Walking on Broken Glass

Navigating the aftermath of the glass ceiling

Shannon Nutter & Julia Carreon

Nobody is coming to save us – so we'll lead a revolution to save ourselves.

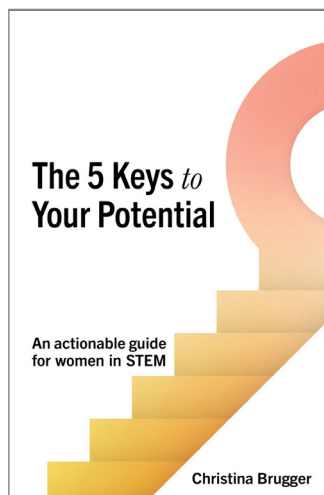
The 'glass ceiling' was just the first barrier – now comes the 'glass cliff' and the takedown playbook. The global rollback of DEI programs, the literal deletion of women in leadership and the entrenched assumption that only white men are competent leaders make one thing clear: institutional bias isn't going anywhere and, in fact, is likely to go backwards.

If women want to drive real change, we must claim our power and take control of our own destiny by banding together to make progress. The science is clear: more diverse teams drive better business outcomes.

Shannon Nutter and Julia C. Carreon know this from first-hand experience. They climbed to the C-suite at some of the world's largest financial institutions while staying true to who they are. They built careers that weren't just successful, they were fully their own. And along the way, they learned that what women really need isn't another set of instructions for how to change themselves, it's a playbook for how to identify and prepare for bad behavior, from women who've actually lived it.

AUTHOR DETAILS

Shannon Nutter is a global executive and board director. She has been a leader at organizations including the Vanguard Group, Deloitte and GM. Julia C. Carreon is a financial services executive who has led wealth management and advisor tech at Citibank and Wells Fargo and launched the first mobile app for wealth advisors. In May 2024, Julia was featured on the Nasdaq billboard for her contributions to innovation in the wealth management space.



ISBN: 9781788609364

Pub. Date: 26 May 2026

Extent: 220

Rights: World

KEY SELLING POINTS:

- Highly readable and engaging, as the material is structured as a conversation between a female leader in STEM and her mentee.
- Tried and tested strategies drawn from real leadership experience in male-dominated tech and engineering fields, showing you what actually makes an impact in the work environment.
- Practical exercises for each chapter to implement the learnings directly and immediately increase your confidence, authority and impact you make at work.

The 5 Keys to Your Potential

An actionable guide for women in STEM

Christina Brugger

Feeling undervalued and frustrated despite your hard work in a male-dominated environment? You're not alone.

Many talented women end up leaving the industry and the job they once loved (and studied hard for) because it demands too much struggle to prove their value, and does not offer them enough growth and opportunities.

In this book, Christina Brugger shares science-backed insights and proven approaches for building authentic confidence and achieving success as a woman in male-dominated spaces.

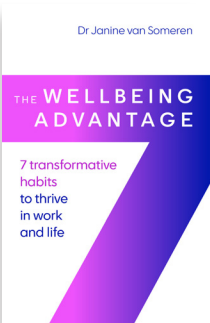
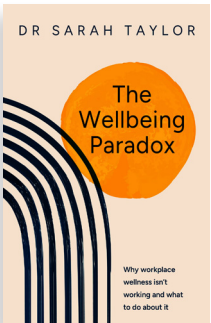
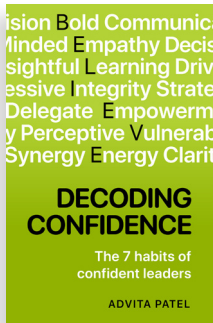
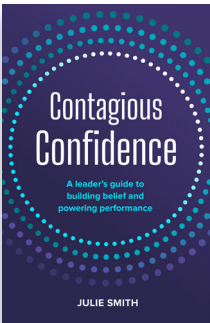
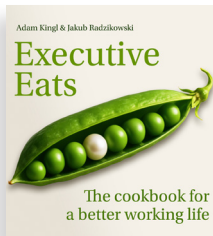
Understanding the science behind the 5 keys – confidence, resilience, power, authenticity and care – puts you in control. By uncovering why being undervalued and overlooked happens in the first place, you can free yourself from self-blame and make changes that last – without having to wait for your company to catch up!

AUTHOR DETAILS

As a chartered engineer and product leader with a decade of experience in manufacturing, engineering and tech, Christina Brugger has navigated the unique challenges women face in STEM industries. Her career spans senior roles including Venture Development Director at a tech scaleup and Head of Digital & Insights at a manufacturing company. Today, she runs a product and market insights consultancy advising similar businesses.

Christina founded Keys to Impact Academy, delivering coaching and workshops to help women build authentic influence. Her work was recognised through inclusion in the Top 50 Women in Engineering 2025.

SELF-DEVELOPMENT & WELLBEING



BESTSELLERS

SELF-DEVELOPMENT & WELLBEING



Coach Yourself Confident

Julie Smith

February 2024

Business Book Awards 2025 – WINNER

Get Abstract International Book Award 2024 - WINNER

Currently under review for several languages



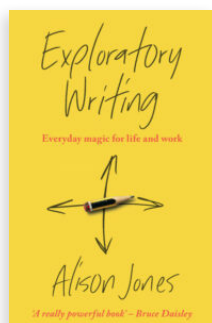
It's Not You It's Your Hormones

Nicki Williams

February 2017

Discover natural and practical solutions to fight fat, fatigue and hormone havoc

Rights sold: Chinese Simplified Characters • Turkish • Romanian



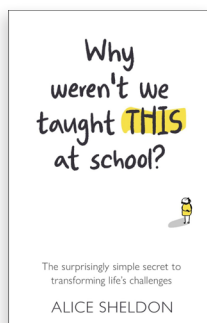
Exploratory Writing

Alison Jones

December 2022

Business Book Awards 2023 – Finalist

Rights sold: Chinese Simplified Characters • Chinese Traditional Characters • Japanese • Korean • Spanish • Arabic



Why Weren't We Taught This at School

Alice Sheldon

October 2021

NOW IN 10 LANGUAGES!

Rights sold: Portuguese • Chinese Simplified Characters • Chinese Traditional Characters • Turkish • Polish • German • Arabic • Indonesian • Korean • Greek



The Burnout Bible

Rachel Philpotts

July 2023

The People's Book Prize 2024 - WINNER

Rights sold: Chinese Traditional Characters • Portuguese



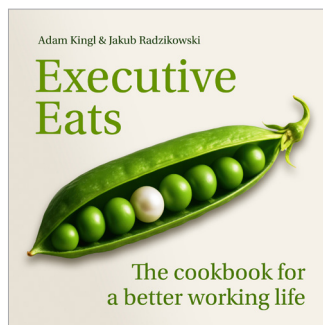
Optimal You

Nicole Goode

November 2024

Unlock your full potential, optimize your energy, and balance your immune system

Currently under review for several languages



ISBN: 9781788609395

Pub. Date: 16 June 2026

Extent: 200

Rights: World

KEY SELLING POINTS:

- Each chapter presents ten recipes following a specific theme of wellness/performance such as 'Concentration'.
- The recipes are preceded with an explanation for the need from the business world from Adam, and the rationale from the world of chemistry, biology and nutrition from Jakub.
- There's a handy table with the nutrients and common ingredients containing those nutrients.

Executive Eats

The cookbook for a better working life

Adam Kingl & Jakub Radzikowski

The cookbook for a better working life.

From sustained energy to improved focus and mood, each chapter in this extraordinary cookbook pairs the latest nutritional research with practical culinary applications, offering readers scientifically backed recipes designed to address the challenges they face in their day-to-day lives.

Whether you need a morning boost, an afternoon pick-me-up or a calming meal after a stressful day, you will have a deeper understanding of why certain foods can enhance your mental and physical states. This is more than just a collection of recipes; it's a tool to help you make mindful, informed decisions about your diet. Blending culinary expertise with scientific rigour, this cookbook equips you with the knowledge and recipes to nourish both your body and mind.

AUTHOR DETAILS

Dr Jakub Radzikowski is an educator, scientist and culinary professional. With a PhD in Molecular Systems Biology from the University of Groningen and a Grand Diplome from Le Cordon Bleu London, Jakub's experience includes working in Michelin-starred kitchens and at Kitchen Theory, where he explored conceptual, evidence-based menu creation, culinary research, and concept development for Siemens, The Saudi Culinary Arts Commission, Ambiente, and others. Author, speaker, educator and adviser Adam Kingl is the author of the books *Next Generation Leadership* and *Sparkling Success*, the latter shortlisted for the Business Book Awards. Previously, Adam was the Executive Director of Thought Leadership and Learning Solutions for London Business School for almost a decade. He works with diverse companies and delivers keynotes around the world.



ISBN: 9781788609715

Pub. Date: 14 July 2026

Extent: 236

Rights: World

KEY SELLING POINTS:

- Written with the author's perspective of senior corporate leadership, blending lived experience from a Global Management Consulting background, with lessons that apply to any career journey.
- Step-by-step guidance on financial planning, leveraging transferable skills and taking intentional actions that turn career pivots into sustainable, fulfilling futures.
- Each chapter is designed to move you forward, with clear advice, reflective exercises and key takeaways you can apply straight away.

Uptick

Clarity, courage and confidence for your next chapter

Dr Claire Handby

What if the career you've built isn't the one you want to keep?

Whether you're a senior leader questioning the cost of success, or a professional at any stage sensing you've outgrown the path mapped, this book is your roadmap to Uptick what comes next.

A career pivot isn't about throwing everything away; it's about harnessing your transferrable skills, experience, knowledge and credibility to create an uptick, a new, planned direction built on what came before, one which aligns more with who you are today.

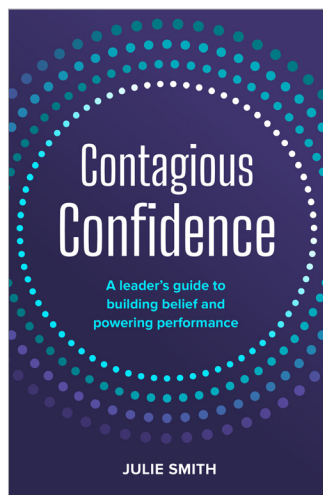
With practical exercises, honest stories, and strategies that take you from reflection to action, this book will help you find clarity, overcome fear, plan your finances, embrace change and build a confident future that balances fulfilment with freedom.

If you've ever wondered 'Is this it?' – here's your answer: it doesn't have to be!

AUTHOR DETAILS

Dr Claire Handby's career journey spans more than 25 years, beginning in the construction industry where she managed trades on-site — hard hat on, steel-toe capped boots at the ready — before moving into senior leadership roles in Big Four management consulting with EY, Deloitte, and KPMG.

A chartered professional and now successful business owner, she has built a reputation as a trusted board-level adviser and executive coach. Today, she helps individuals realign their careers with clarity and confidence, drawing on her depth of personal experience within conversations.



ISBN: 9781788609234

Pub. Date: 23 June 2026

Extent: 240

Rights: World

Also by Julie Smith:

Coach Yourself Confident:

Ditch the self-doubt tax, unlock humble confidence

KEY SELLING POINTS:

- *Contagious Confidence* is packed full of real-life stories to inspire and encourage the reader, and regular reflection exercises enable the reader to identify insights about their own leadership.
- Contains wealth of straightforward and impactful tools support the reader to apply what they learn.
- Features a handy index of the tools, plus summary sections at the end of each chapter.

Contagious Confidence

A leader's guide to building belief and powering performance

Julie Smith

Organizations run on confidence.

When people's self-belief matches their capability, they feel able to step forward, take on new challenges, stretch themselves. When teams are connected by trust and respect, they are more ambitious in what they deliver together. And thoughtful, wholehearted confidence in the organization's mission acts as oxygen for collective performance.

In this engaging and practical book, the award-winning author of *Coach Yourself Confident* reveals how you can empower your people to trust in themselves, to trust in each other, and to trust in your shared endeavour.

AUTHOR DETAILS

Julie Smith is a sought-after coach who has been supporting leaders to grow their confidence for three decades. A 15+ year corporate career with Mars and PepsiCo gave Julie first-hand experience of what it takes to succeed in a demanding, fast-paced organization.

In 2010 Julie founded Talent Sprout, a highly respected leadership consultancy. Since then, she has coached hundreds of executives and leadership teams internationally, working with L'Oreal, Mulberry, Unilever, Expedia, HSBC and more. She has designed and delivered development programmes that participants describe as 'life changing'.

This work has enabled Julie to gain real insight into what creates self-doubt and what unlocks self-belief, and she has spent more than a decade developing, testing and honing frameworks and tools that unleash confidence.

ision Bold Communic
 blinded Empathy Decis
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 Synergy Energy Clarit

DECODING CONFIDENCE

The 7 habits of
confident leaders

ADVITA PATEL

ISBN: 9781788609111

Pub. Date: 5 May 2026

Extent: 210

Rights: World

KEY SELLING POINTS:

- The BELIEVE framework:
A seven-part framework designed to help readers build lasting life-long confidence.
- 30-day Confidence Tracker:
A practical resource to help leaders kick-start their confidence journey as soon as they complete the book.
- Reflective questions and activities: each chapter will end with reflective questions and an activity to help put the theory into practice immediately.

Decoding Confidence

The 7 habits of confident leaders

Advita Patel

This book will challenge everything you've been told about confidence and show you how to lead without having to change who you are.

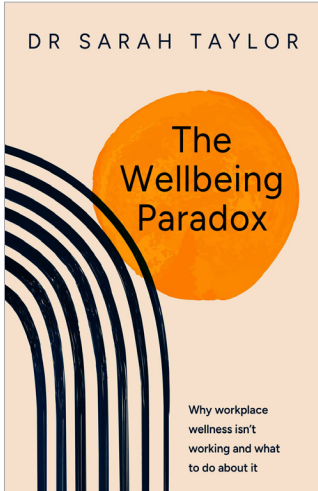
Decoding Confidence is your go-to guide for building the kind of leadership confidence that transforms not just you, but everyone around you. It's about getting real, digging deep, and finding the confidence you need to lead with authority and courage. Patel takes you on a journey of self-discovery helping you understand your strengths, embrace vulnerability, and cultivate a positive internal dialogue that will help you achieve your goals.

It's not about being perfect; it's about being impactful. With practical strategies, relatable examples, and a bonus 30-day confidence habit tracker to help you turn insights into daily action. The habits in this book will show you how to make confidence accessible and actionable, so you can show up as the leader your team needs.

AUTHOR DETAILS

Advita Patel is a sought-after international speaker, confidence coach, and leadership expert. As the founder of CommsRebel, she partners with organizations to build cultures where people feel seen, heard, and valued. With over two decades of experience in strategic communications and employee engagement, Advita is known for empowering leaders to lead with clarity, compassion, and confidence.

She is the co-author of the bestselling book *Building a Culture of Inclusivity*, and is often speaking on various global podcasts. Currently serving as President of the Chartered Institute of Public Relations (CIPR), she is widely respected for her impactful work in shaping the future of inclusive leadership.



ISBN: 9781788608329

Pub. Date: 12 May 2026

Extent: 220

Rights: World

KEY SELLING POINTS:

- Contains a quick start guide, and a scorecard to help the reader understand their particular painpoints.
- Tips for organisational leaders, team managers and employees so that each can be empowered to co-create a culture of wellbeing.
- Access to online resources (e.g workshop guides).

The Wellbeing Paradox

Why workplace wellness isn't working and what to do about it

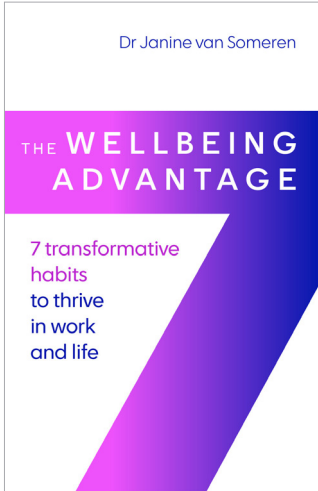
Dr Sarah Taylor

The Wellbeing Paradox: Why workplace wellness isn't working and what to do about it guides HR leaders and wellbeing professionals through the messy realities of creating healthier workplaces. Instead of top-down mandates, it invites leaders to co-create solutions with their people, acknowledging real tensions and systemic challenges. With compassion and insight, the book reveals why even well-intended efforts often fail, how best practices can backfire, and why balancing individual care with organizational priorities is so hard.

By uncovering hidden paradoxes, embracing meaningful dialogue, and adopting flexible, iterative approaches, *The Wellbeing Paradox* offers tools for cultivating truly resilient cultures. It presents a path beyond token gestures and unrealistic expectations—one that honors complexity and the human experience at work. Drawing on real-world examples and practical strategies, this empowering guide helps leaders shape thriving, adaptive workplaces amid unrelenting pressures, constant change, and competing demands.

AUTHOR DETAILS

Sarah Taylor, founder of ThriveWise, is a wellbeing expert with a PhD in health and wellbeing, combining academic insight with practical experience as an accredited health and executive coach, trainer and speaker. She works with purpose-driven leaders and organizations to develop strategic wellbeing solutions that address systemic, team and individual needs to prevent burnout and create healthy, sustainable performance.



ISBN: 9781788608855

Pub. Date: 7 April 2026

Extent: 200

Rights: World

KEY SELLING POINTS:

- Seven science-backed habits to integrate wellbeing into daily routines.
- Tailored solutions and expert insights into workplace challenges; from preventing burnout in high-pressure environments to helping busy professionals adapt to work demands.
- Cutting-edge strategies blending positive psychology, behaviour science, and wearable technology for personal results.

The Wellbeing Advantage

7 transformative habits to thrive in work and life

Dr Janine van Someren

Are you ready to transform your energy and resilience to thrive in work and life?

This is a timely and transformative guide for modern professionals who want to feel more energised, focused and in control. Whether you're seeking better balance, greater mental clarity or a smarter way to handle pressure, this book introduces seven simple science-backed habits to help you build resilience and protect your wellbeing, without overhauling your life. Learn how to:

- Build energy and resilience through small changes that deliver big results
- Unlock the power of wearable technology to monitor stress and recovery
- Maximise rest to increase your capacity and protect against burnout
- Apply coaching techniques to support sustainable personal growth
- Manage stress with practical, flexible strategies that fit real life

This book gives you the tools to bring your best self to work and home again.

AUTHOR DETAILS

With over 25 years of experience as an academic and corporate consultant, Dr Janine van Someren has dedicated her career to promoting sustained health and wellbeing. Under Janine's leadership, The Wellbeing Advantage has successfully delivered corporate wellbeing programmes for Fortune 500 companies and Fortune Global 500 companies including NASDAQ, Stryker and Unilever. Her expertise in wearable technology and its application in corporate wellbeing programmes has made her a key opinion leader in the field.



ISBN: 9781788609685

Pub. Date: 7 July 2026

Extent: 240

Rights: World

KEY SELLING POINTS:

- "Glimpses and glimmers": short reflections that invite readers to connect ideas to their own lives.
- Relational prompts: questions and prompts to try in conversations, meetings, or even voice memos.
- Integration section: practical ways to bring these ideas into workplaces, families, friendships, schools, and communities.

Sometimes You Should Be Late

The quiet rebellion of slowing down in a world obsessed with speed

Alex Snider

What if the real measure of your life isn't how fast you run, how much you do, how 'on time' you are, but how well you pay attention to what actually matters?

This book is about the quiet courage to slow down when the world keeps shouting, hurry up. It's not really about clocks; it's about questioning the stories we've inherited about time and consciously, rebelliously, choosing our own path.

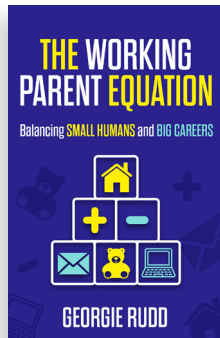
We live in a culture that worships urgency. Like horses with blinders, we're trained to look straight ahead—at deadlines, meetings, and to-do lists. This book invites us to lift those blinders and see what we're missing: the colleague who has a sad look in their eye, the simple joy of a walk, the gift of a slow morning with loved ones, the stranger who needs help. Because sometimes being late is how we arrive on time for what truly matters.

Drawing on stories from government, psychology, and everyday life, meditation teacher and writer Alex Snider offers a field guide for reclaiming your attention from urgency culture. This isn't about hacks or time-management tricks. It's about choosing presence over punctuality, kindness over checklists, and our humanity over the clock.

AUTHOR DETAILS

Alex Snider is a writer, facilitator, and former government strategist who bridges the worlds of public service and mindfulness. He brings over 15 years of federal experience to his work, having shaped domestic policy through the President's Management Agenda and has represented the United States as a diplomat.

PARENTING



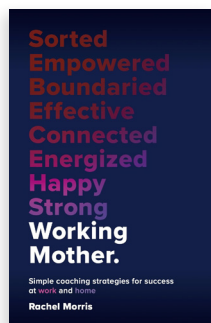
BESTSELLERS

PARENTING



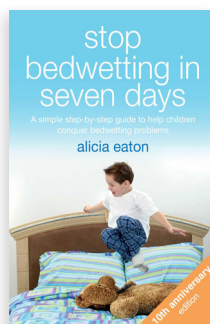
First Aid for Your Child's Mind
Alicia Eaton
October 2019

Rights sold: Chinese
Traditional Characters
• Chinese Simplified
Characters • Arabic,
Vietnamese • Greek •
Hungarian • German •
Romanian



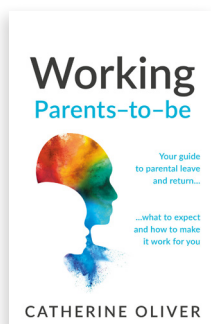
Working Mother
Rachel Morris
September 2024

Rights sold: Turkish



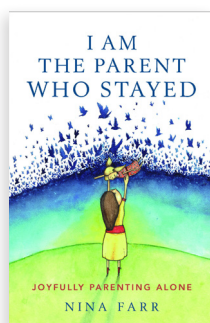
Stop Bedwetting in 7 Days
Alicia Eaton
August 2019

Rights sold: Greek



Working Parents-to-Be
Catherine Oliver
June 2024

Currently under review in
several languages



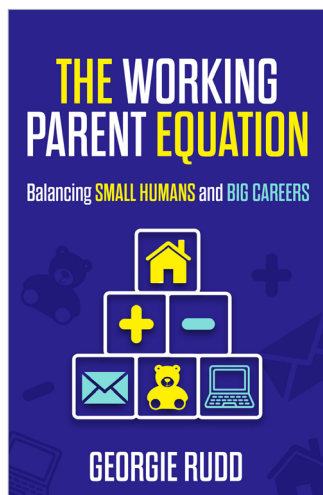
I am the Parent Who Stayed
Nina Farr
March 2018

Rights sold: Turkish •
French



Parenting Magic
Karen Shaw
August 2020

Rights sold: Vietnamese



ISBN: 9781788608732

Pub. Date: 28 April 2026

Extent: 232

Rights: World

KEY SELLING POINTS:

- Practical, easy-to-use diagnostic tools.
- Deep, pragmatic understanding of the real world of corporate work.
- Honest stories highlighting what every parent finds hard and what to do about it.

The Working Parent Equation

Balancing small humans and big careers

Georgie Rudd

For working parents, it's a noisy world of opinion and expectation. What if they knew how to turn down the volume and tune into their best thinking? What if they had the tools to ensure their precious reserves of energy were focused on the things that count the most?

In this warm and authentic guide, Georgie Rudd, an accredited executive coach to hundreds of brilliant leaders with the equally demanding job of parenting, puts the power of coaching into the hands of all working parents.

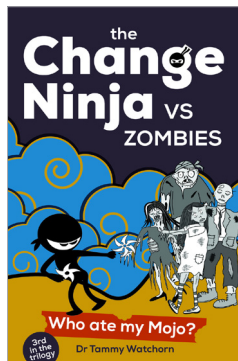
The Working Parent Equation helps you get clear on what success looks like for you, and gives you the resources to achieve it, sustainably.

AUTHOR DETAILS

Georgie Rudd is an ICF-accredited Executive Coach with over 20 years' real-world corporate leadership experience. After an early career as an HR Business Partner to Banking leaders, she held leadership positions in Learning and Executive Education at Lloyds Banking Group and as Head of Learning and Development for Baringa Partners, a global multi-award-winning Best Place to Work firm. She is founder of Rudd Coaching Ltd and co-founder of Listening Lab. Georgie is a trusted coaching partner to clients including Baringa Partners, Mercedes Formula 1, Kingfisher, Rothschild and Inigo.

Georgie is CIPD qualified, holds an MA from Durham University and is a certified practitioner in psychometrics and research-based coaching approaches. Above all, she is a dedicated parent to two miraculous small humans.

COMING SOON



ISBN: 9781788609333

Pub. Date: 6 Oct 2026

Extent: 236

Rights: World

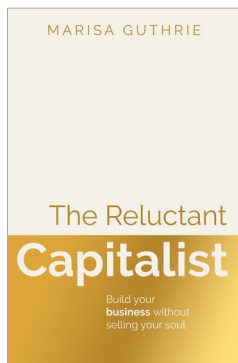
The Change Ninja vs Zombies

Who ate my mojo?

Dr Tammy Watchorn

If you're exhausted just looking at your 'to do' list, if you feel time disappears in a flash, if you're running as fast as you can just to keep up – this is for you.

In this latest Change Ninja adventure you'll take on the Mojo-eating Zombies. You'll learn to recognize the characteristic traits of each time- or energy-zapping Zombie, what their weaknesses are, and how to counter their superpowers with a new set of tools and approaches. Every time you overcome a Zombie you win back a little more time and a lot more energy. And with a little more time and a lot more energy you'll find you can get through a lot of things more effectively.



ISBN: 9781805760153

Pub. Date: 13 Oct 2026

Extent: 240

Rights: World

The Reluctant Capitalist

Build your business without selling your soul

Marisa Guthrie

If you're a solopreneur, coach, consultant, practitioner or creative who cares deeply about people, and the planet, but also want your work to sustain you emotionally and financially, this is for you.

By reframing how we think about growth, productivity and success, we can embrace an alternative model of business that is relational, regenerative and liberatory. We can build thriving businesses on our own terms, businesses that advance social justice while still putting food on our tables, that transform extractive systems into forces of regeneration and hope.



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