



Practical Inspiration
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**Books
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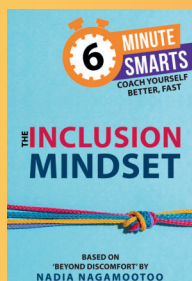
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Contagious Confidence

A leader's guide to building belief and powering performance

Julie Smith

Organizations run on confidence.

When people's self-belief matches their capability, they feel able to step forward, take on new challenges, stretch themselves. When teams are connected by trust and respect, they are more ambitious in what they deliver together. And thoughtful, wholehearted confidence in the organization's mission acts as oxygen for collective performance.

Unleash a confidence contagion and unlock the strongest level of contribution from your team.

In this engaging and practical book, the award-winning author of *Coach Yourself Confident* reveals how you can empower your people to trust in themselves, to trust in each other, and to trust in your shared endeavour.

Julie Smith is a sought-after executive coach who works with leaders to grow their impact and supports teams to grow their effectiveness. Find out more at www.talentsprout.co.uk.



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 2026-11-17

The Effectiveness Edge

How organization effectiveness unlocks performance

Vanessa Loughlin, Andrea Robottom

You can't fix problems if you don't understand them.

You wouldn't go swimming in the sea without assessing the currents or tides, right? Yet as a CEO you're expected to jump right in and fix issues quickly, despite the fact that both your organization and the world around you are more complex and disrupted than ever before. The result? Expediency rather than effectiveness, the illusion of progress rather than real change. Hidden costs continue to drag you down. Your organization remains, let's face it, ineffective.

The solution? Organization Effectiveness. The 3D-OE Diagnostic Framework gives you a step-by-step approach that reveals what's going on – up, down and around your organization – one level of complexity at a time.

It allows you to see systemic issues clearly, make sense of the dynamics of the organization and cut through the complexity. Which makes it easier for people to get their work done, and allows you to realize cost benefits faster



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Uptick

Clarity, courage and confidence for your next chapter

Dr Claire Handby

What if the career you've built isn't the one you want to keep?

Whether you're a senior leader questioning the cost of success, or a professional at any stage sensing you've outgrown the path mapped, this book is your roadmap to *Uptick* what comes next.

A career pivot isn't about throwing everything away; it's about harnessing your transferrable skills, experience, knowledge and credibility to create an uptick, a new, planned direction built on what came before, one which aligns more with who you are today.

With practical exercises, honest stories, and strategies that take you from reflection to action, this book will help you find clarity, overcome fear, plan your finances, embrace change and build a confident future that balances fulfilment with freedom.

If you've ever wondered 'Is this it?' – here's your answer: it doesn't have to be!



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Impetus

Tiny tactics for making progress

Kathryn Bishop

Ground to a halt? What you need is *Impetus*.

Everyone gets stuck at some point in their working day. You don't know what to do next – or you do know, but just don't want to do it. And maybe there's no one there who can help.

This is a book for that moment.

Whatever's keeping you stuck – constraints, resistance, objections, ignorance, panic, boredom, weariness – *Impetus* offers you a compendium of practical and manageable actions for the quick next step that will get you unstuck. Small wins that will give you the momentum to get going, and keep going, so you can do the work that matters.

Including a simple diagnostic tool to help you to choose the right tactic, real examples that show how it will help you and notes on the science to explain why, this book will get you moving again with confidence.

Kathryn Bishop CBE FRSA is a director, NED, educator and consultant who has worked with teams in the public, private and voluntary sectors to get difficult things done. She has distilled into this book everything she has ever tried that worked to make progress with those problems.



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INNOVATOR

10 simple steps to innovate with speed, scale and confidence

Tom Pullen

Want to drive innovation with impact? Start here.

Innovating is no longer optional - it's the difference between staying ahead and falling behind. Inside large companies, it often feels slow, complex, and risky. Meanwhile, agile startups are moving fast, taking bold bets and disrupting industries overnight.

This is where you come in.

INNOVATOR will help you:

- align innovation with company strategy, so leadership supports your projects
- lead innovative projects with confidence, knowing exactly which steps to take
- create solutions which delight customers, driving measurable business growth

At the heart of this book is the INNOVATOR Way™, the step-by-step system trusted by top companies in 40+ countries to turn innovation initiatives into business results. This robust roadmap takes the guesswork out of innovating, making it simpler, faster, and far less risky.

Innovation won't wait. It's time to step up and be more **INNOVATOR**.



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Untapping Innovation

An R&D playbook for products and stories that sell

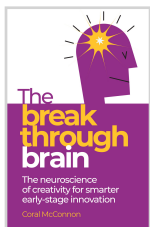
Sally Kemkers, Suzanne Allers, Deirdre Walters

Innovating in R&D is tougher than ever.

R&D teams are working harder than ever, yet most innovations still fail. Traditional approaches often overlook the user and don't dig deep enough into product points of difference, leading to generic solutions, costly rework cycles and missed opportunities.

Untapping Innovation offers a smarter way forward. This essential playbook, from the founders of the hugely successful Untapped Innovation, offers simple, flexible tools to help R&D teams build products that users truly love. Discover how to extract deep user insights, craft Ideal Product Models, create Minimum Viable Products and write compelling product stories that resonate with both consumers and stakeholders, to bridge the gap between innovation and market success.

During their 30+ years at Procter & Gamble then Untapped Innovation, Sally Kemkers, Suzanne Allers and Deirdre Walters have relentlessly focused on optimizing tools to help R&D innovators develop breakthrough products and stories.



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The Breakthrough Brain

The neuroscience of creativity for smarter early-stage innovation

Coral McConnon, foreword by Dr Gerard Puccio

How do you escape 'business as usual' thinking and regularly and reliably create breakthrough ideas?

Millions are spent every year in the quest to generate breakthrough ideas to drive growth. Yet fewer than 25% of people believe they're doing a good job of harnessing creativity to get to big ideas.

The Breakthrough Brain helps you harness human creativity with the digestible, inspiring and immensely practical Neuroscience of Creativity framework.

Discover the three principles you need to master to demystify creativity unlock regular and reliable innovation and solve this disconnect: - Peak Creative Headspace - Novel and Inspiring Connections - Breakthrough Decision Making.

The result? You're free to play your creative A game, rediscover the joy of creativity, ignite big ideas and drive business growth.

Whether you're in Innovation, Insights, Marketing/ Brand or R&D, or simply have a mandate for injecting fresh thinking into your business, this is for you.

Coral McConnon is the Founder and CEO of 8 Innovation and a champion for the power of creativity to deliver smarter, more strategic innovation. She has worked with global brands on hundreds of complex front-end innovation challenges, applying the neuroscience of creativity to get to bigger ideas that land.



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The Creativity Paradox

Why organizations end up killing the innovation they crave (and what to do about it)

Abdelmoula El Hadi

Why do bold ideas die inside well-managed companies, and how can leaders create the right conditions for them to thrive?

Paradox seems inescapable when it comes to organizational innovation, especially in high-stakes sectors. How do leaders navigate freedom and structure, risk and responsibility, collaboration and solitude, originality and incremental improvement to turn ideas into impact?

Drawing on 15 years of cross-industry experience, Abdelmoula El Hadi blends neuroscience, psychology, and real-world case studies from manufacturing, engineering and industrial technology. His IDEA Flow framework is a practical tool for navigating these paradoxes at the heart of creativity, allowing you to reliably spark creativity under pressure, nurture it in complex systems, and turn it into meaningful results.

This is not a book about flashy brainstorming or startup clichés. It's a guide for leaders in high-stakes (and heavy) industries who need innovation that actually works in practice. With real-world stories, reflective questions and practical tools, it equips you to design creativity into your operating culture.

Abdelmoula El Hadi is an internationally recognized innovation leader and Head of Innovation at Knauf Insulation.



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The Change Ninja vs Zombies

Who ate my Mojo?

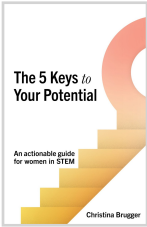
Dr. Tammy Watchorn

Who ate your mojo?

If you're exhausted just looking at your 'to do' list, if you feel time disappears in a flash, if you're running as fast as you can just to keep up – this is for you.

In this latest *Change Ninja* adventure you'll take on the Mojo-eating Zombies. You'll learn to recognize the characteristic traits of each time- or energy-zapping Zombie, what their weaknesses are, and how to counter their superpowers with a new set of tools and approaches. Every time you overcome a Zombie you win back a little more time and a lot more energy. And with a little more time and a lot more energy you'll find you can get through a lot of things more effectively, which gives you back even more time and energy, together with the motivation to do things differently.

Think you don't have time to read another book or practise new ways of doing things? You don't really have time not to.



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The 5 Keys to Your Potential

An actionable guide for women in STEM

Christina Brugger

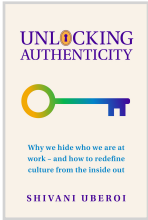
Feeling undervalued and frustrated despite your hard work in a male-dominated environment? You're not alone.

Many talented women end up leaving the industry and the job they once loved (and studied hard for) because it demands too much struggle to prove their value and does not offer them enough growth and opportunities.

In *The 5 Keys to Your Potential*, Christina Brugger shares science-backed insights and proven approaches for building authentic confidence and achieving success as a woman in male-dominated spaces.

Understanding the science behind the 5 keys – confidence, resilience, power, authenticity and care – puts you in control. By uncovering why being undervalued and overlooked happens in the first place, you can free yourself from self-blame and make changes that last – without having to wait for your company to catch up!

As a chartered engineer and senior product leader with over a decade of experience in manufacturing, engineering and technology, Christina Brugger deeply understands the challenges women face in male-dominated industries. Her Keys to Impact Academy helps women maximise their impact and advance in their career.



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Unlocking Authenticity

Why we hide who we are at work - and how to redefine culture from the inside out

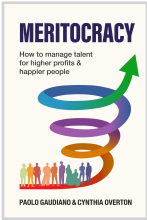
Shivani Uberoi

What would workplaces look like if no one had to hide?

From subtle code-switching to outright concealment, millions of employees hide aspects of their identities to fit in at work.

In *Unlocking Authenticity* you'll explore the untold stories of those who mask, the systemic forces that compel it, and the ways leaders and HR professionals can dismantle these barriers. Combining compelling narratives, research insights, and practical tools, this book offers a clear roadmap to foster authenticity and psychological safety in the workplace.

With timely strategies for navigating the backlash against DEI, *Unlocking Authenticity* equips readers to drive meaningful change and create environments where employees are empowered to show up as their true selves—and thrive.



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MERITOCRACY

How to manage talent for higher profits and happier people

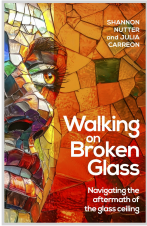
Paolo Gaudiano, Cynthia Annette Overton

Most leaders believe in meritocracy—very few know how to build it.

Meritocracy introduces a powerful framework for managing human assets more effectively so that all talent can thrive.

Learn how to develop strategies and implement measurable workplace initiatives that reduce risk, increase profits and build trust across your workforce, so that everyone embraces—and is accountable for—the success of the entire organization.

Whether you're navigating a changing landscape or seeking a competitive edge, **MERITOCRACY** will help you create a high-performing, inclusive, and resilient organization—where everyone has a real chance to succeed and contribute meaningfully to the bottom line.



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Walking on Broken Glass

Navigating the aftermath of the glass ceiling

Shannon Nutter, Julia Carreon

Nobody is coming to save us – so we'll lead a revolution to save ourselves.

The 'glass ceiling' was just the first barrier – now comes the 'glass cliff' and the takedown playbook. The global rollback of DEI programs, the literal deletion of women in leadership and the entrenched assumption that only white men are competent leaders make one thing clear: institutional bias isn't going anywhere and, in fact, is likely to go backwards.

In short, nobody is coming to save us. If women want to drive real change, we must claim our power and take control of our own destiny by banding together to make progress. The science is clear: more diverse teams drive better business outcomes.

Shannon Nutter and Julia C. Carreon know this from first-hand experience. They climbed to the C-suite at some of the world's largest financial institutions while staying true to who they are. They built careers that weren't just successful, they were fully their own. And along the way, they learned that what women really need isn't another set of instructions for how to change themselves, it's a playbook for how to identify and prepare for bad behavior, from women who've actually lived it.



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The Cultural Intelligence Advantage

Applying CQ to supercharge your organization

Ritika Wadhwa

Today's leaders are operating in an environment of unprecedented complexity - managing multigenerational workforces, leading across cultures and borders, responding to social change and accelerating digital transformation. Without Cultural Intelligence (CQ) alongside IQ and EQ, it's impossible to navigate this complexity with clarity, confidence and impact.

Cultural misunderstandings erode performance and traditional leadership models struggle to scale in hybrid, hyper-diverse teams.

Discover practical tools and actionable insights to turn difference into a source of strength rather than friction in everyday leadership challenges: collaboration across global and generational divides, inclusive recruitment, and the human implications of technology.

At a time of talent scarcity, polarization and rapid technological change, leaders need more than technical expertise - they need the human capability to adapt, connect and lead wisely. Packed with real-world case studies and future-focused insights, *The Cultural Intelligence Advantage* shows how CQ future-proofs leaders and organizations, enabling them to unlock their full potential in an increasingly complex world.



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Lens not Label

A conversational guide for working more effectively with neurodivergent people

Claire Pedrick, Kimberly Ann Witten, Nathan Whitbread

Do less for people. Do more with them.

This is a book for managers, leaders and coaches who want to overcome their discomfort and fear when working with neurodivergent people, and who know that difference is rocket-fuel for organisations.

If you want the confidence to truly connect – without labels, jargon and clunky models – this book offers fresh and effective ways of working with neurodiverse talent.

You don't have to know everything, you just have to be willing to see things differently.

Claire Pedrick, Kim Witten and Nathan Whitbread are neurodivergent professionals. They share a mission to raise awareness, simplify communication, and effect positive change in the way people interact in the workplace and beyond. Claire is an experienced coach and the author of *Simplifying Coaching* and co-author of the award-winning *The Human Behind The Coach*, Kim has a PhD in linguistics and has studied language and human behaviour for over two decades, and Nathan has extensive experience helping organisations become more ND friendly plus thousands of hours of coaching, consulting and supporting ND people at work.



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Fearless Pricing

How to package your offering and confidently charge more

Robin Waite

"If you're brilliant at what you do, why are you still undercharging?"

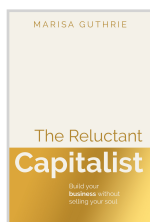
You're smart, experienced, and get incredible results for your clients. But if you're still charging by the hour, underpricing your value, and ending each month exhausted and underpaid... something's broken — and it's not your work ethic.

Fearless Pricing is the no-fluff pricing guide for coaches, consultants, and freelancers who are tired of trading time for money. Using the powerful MONEY framework, business coach Robin Waite shows you how to shift your mindset, build irresistible offers, master sales conversations, position yourself as a premium provider, and take full ownership of your value — without compromise.

Inside, you'll learn how to:

- Break free from imposter pricing and self-doubt
- Design offers that reflect your true worth
- Sell with confidence (without sounding "salesy")
- Attract better clients and charge more with ease
- Build a pricing model that works for you

It's time to stop surviving and start thriving. Because fearless pricing isn't about charging more — it's about finally getting paid what you're truly worth.



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The Reluctant Capitalist

Build your business without selling your soul

Marisa Guthrie

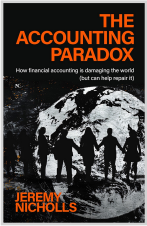
If you're a solopreneur, coach, consultant, practitioner or creative who cares deeply about people, and the planet, but also want your work to sustain you emotionally and financially, this is for you.

Much of the traditional advice on building a business comes from industrial, corporate blueprints never designed for solopreneurs. It's hardly surprising it doesn't work in the new world of work, or that it leaves thoughtful entrepreneurs feeling not just frustrated but compromised and complicit.

There is another way. By reframing how we think about growth, productivity and success, we can embrace an alternative model of business that is relational, regenerative and liberatory. We can build thriving businesses on our own terms, businesses that advance social justice while still putting food on our tables, that transform extractive systems into forces of regeneration and hope.

This is the future of business for good.

Marisa Guthrie is a business coach, entrepreneur and teacher with 30 years' experience helping solopreneurs design ethical, sustainable businesses. The former CEO of a health charity and the managing director of a cross-party think tank advocating social policy, she has consulted on policy for the Green Party and an All-Party Parliamentary Group on micro-business.



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The Accounting Paradox

How financial accounting is damaging the world (but can help repair it)

Jeremy Nicholls

When you think about the tools at our disposal to address the ecological, social and biodiversity challenges we face today, accounting might not immediately come to mind. And yet it is accounting standards, not science and not public policy, that set out how profit is calculated, which in turn drives investment decisions. What if we demanded that those standards reflect the true cost of business and its consequences?

Unless we look again at these fundamental principles, which have gone under the radar for so long, capital markets will continue to contribute to inequality, nature loss and climate change. What's remarkable is that we already have in place everything we need for a more just and complete approach to accounting, and forward-thinking businesses are beginning to recognize that.

Jeremy Nicholls – accountant, sustainability professional, historian and activist – sets out a vision for new way of accounting, and it's one that we can adopt immediately.

The biggest
opportunities
in sustainable
investing

Real Returns

WINCEL KAUFMANN

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Real Returns

The biggest opportunities in sustainable investing

Wincel Kaufmann

**What if the biggest financial returns of our time
come from solving the world's greatest challenges?**

Real Returns highlights the biggest opportunities in sustainable investing. It goes beyond applying ESG criteria to your investment portfolio to identify the biggest, most profitable and exciting sectors that provide both financial returns and sustainable outcomes. With strategies for your portfolio, evolving standards and frameworks and their limitations, it's a must-read for professional investors, finance professionals, chief investment officers, and business leaders navigating capital decisions.

As the climate crisis and capital markets converge, this book could not be more urgent or more empowering.



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The Difference

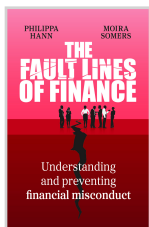
How to understand, measure and maximize social impact

Matt Stevenson-Dodd

It has never been more important to identify, amplify and communicate the positive impact organizations are making in the world. Yet bosses, shareholders, colleagues, boards, funders, new employees and stakeholders are all too often left without a good answer to a seemingly simple question: 'Has the significant investment we have made into "making a difference" actually made any difference whatsoever?'

Whether you're a business, charity, local authority, or government department leader, discover what it really takes for an organization to make an impact in the world, and most importantly how you can truly understand the difference you are making.

Matt Stevenson-Dodd is founder and chief executive of Trust Impact (www.trustimpact.com). With a 30+ year career as Chief Executive of some of the UK's most socially impactful and innovative organizations, Matt is trusted by the CEOs, boards, chairs and senior leaders of hundreds of organizations around the world to help find pragmatic solutions to understanding, measuring and maximizing their social impact.



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The Fault Lines of Finance

Understanding and preventing financial misconduct

Philippa Hann, Moira Somers

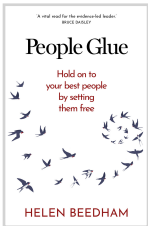
Discover what helps financial professionals stay ethical—and the unexpected forces that threaten to derail us.

Why do smart, capable and caring financial professionals sometimes make ethical mistakes? In this groundbreaking work, a seasoned financial services lawyer joins forces with a neuropsychologist to expose the hidden psychological currents and power dynamics that threaten to drive high-stakes ethical failures. Through riveting case studies of real-world frauds and moral crises, they take you beneath the surface of everyday decisions to reveal the invisible forces that can compromise even the most principled professionals.

This isn't abstract ethical theory. It's a practical roadmap that reveals:

- How ethical breaches actually occur in real-world scenarios
- Why scandals persistently plague financial services
- The common psychological blind spots that leave everyone vulnerable
- Concrete strategies that will transform integrity from aspiration to deliberate practice

Whether you're a veteran adviser, team leader, or rising professional, this book provides essential tools to build resilience against ethical failure. It will help you safeguard your career, reputation and the integrity of your industry.



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People Glue

Hold on to your best people by setting them free

Helen Beedham

How 'sticky' is your organization?

It's not enough to get good people through the door: the crucial question is how long they'll stay. When you lose hard-to-replace colleagues to competitors, self-employment, retirement or 'a better life', your business can quickly come unstuck.

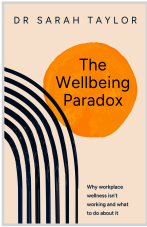
As a leader, it's your job to retain and motivate the people with the skills, expertise and commitment your business needs to win. So how do you create a 'sticky' organization that makes your most valued employees want to stay?

You give them freedom.

Helen Beedham unpacks this paradox in this insightful guide for CEOs, COOs, CPOs and any leader who wants to fuel growth and reduce risk and costs by retaining talented people. She shows how businesses that enjoy stellar rates of retention have freedom in their DNA and how you can develop this low-risk, win-win approach too.

Discover:

- The four freedoms that your organization should be offering.
- The anti-freedom forces at work that weaken your glue.
- How to measure your performance on the Freedom Index.



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 2026-05-12

The Wellbeing Paradox

Why workplace wellness isn't working and what to do about it

Dr. Sarah Taylor

The Wellbeing Paradox: Why workplace wellness isn't working and what to do about it guides HR leaders and wellbeing professionals through the messy realities of creating healthier workplaces. Instead of top-down mandates, it invites leaders to co-create solutions with their people, acknowledging real tensions and systemic challenges. With compassion and insight, the book reveals why even well-intended efforts often fail, how best practices can backfire, and why balancing individual care with organizational priorities is so hard.

By uncovering hidden paradoxes, embracing meaningful dialogue, and adopting flexible, iterative approaches, “The Wellbeing Paradox” offers tools for cultivating truly resilient cultures. It presents a path beyond token gestures and unrealistic expectations—one that honors complexity and the human experience at work. Drawing on real-world examples and practical strategies, this empowering guide helps leaders shape thriving, adaptive workplaces amid unrelenting pressures, constant change, and competing demands.



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The Great Leadership Disconnect

Why HR and business drift apart – and how to bring them back together

Serkan Deveci

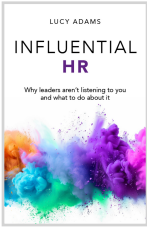
Ask a business leader about their HR partners and you'll hear, "They don't understand us." Ask an HR leader about their business partners, and you'll hear, "They don't listen to us."

This disconnect is not just a communication breakdown – it's a systemic dysfunction that keeps the greatest engine of a company (its people) sputtering.

The Great Leadership Disconnect reveals that transforming HR from a perceived support act into an indispensable commercial force is the responsibility of both business and HR leaders. It diagnoses the dysfunctions that keep HR and business leadership disconnected and challenges conventional thinking with commercial, clear and grounded solutions drawn from behavioral science and real-life leadership dilemmas.

The old model of HR as a siloed support function is no longer relevant. HR can be – must be – a leadership amplifier and a business driver, focusing on commercial impact, employee value and the space where impact, performance and people meet.

Serkan Deveci is a senior leader at Google with a rare blend of leadership experience in global Sales and strategic HR. Having operated on both sides of the executive table, he offers a unique perspective on aligning talent with business outcomes. A recognized keynote speaker, his work is grounded in his PhD research.



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Influential HR

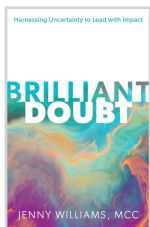
Why leaders aren't listening to you and what to do about it

Lucy Adams

HR has spent years trying to get leaders to listen – it's time to change how we speak, think and show up.

This is the essential guide for HR professionals who are tired of being ignored, sidelined or frustrated by leaders who don't 'get it'. Drawing on years of experience advising senior teams and HR practitioners across the world, Lucy Adams exposes the common traps that stop HR from being heard and shows exactly how to change the conversation. Through real stories, practical tools, and behavioural insight, she shows how to earn credibility, challenge with confidence and build adult-to-adult relationships that make real change possible.

Whether you're an HR business partner, people director or talent lead, *Influential HR* will help you shift from delivering processes to shaping strategy, from chasing buy-in to becoming a trusted partner whose ideas leaders act on. It's time to stop waiting to be invited to the table and start being impossible to ignore.



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Brilliant Doubt

Harnessing uncertainty to lead with impact

Jenny Williams MCC

What if the real problem isn't that you doubt yourself, but that no one ever taught you how to use doubt well?

Doubt is often treated as a weakness in leadership. Something to overcome, hide, or silence. Yet whether it shows up as self-doubt or imposter syndrome, doubt carries insight that leaders can't afford to ignore.

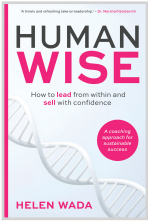
In *Brilliant Doubt*, executive coach **Jenny Williams** reframes doubt as a **critical leadership signal**. When understood and used well, it leads to better decisions, stronger collaboration and more effective leadership in complex organizations, particularly in a world where uncertainty and change are constant.

The book introduces three forms of **Professional Doubt** - self, situational and systemic - shaped by the pressures and realities of modern organizational life. When leaders learn to read doubt rather than push past it, they gain greater clarity, confidence and impact.

At the heart of the book is **Active Doubt**, a practical approach that helps leaders turn hesitation into insight, uncertainty into movement, and questions into meaningful action.

Brilliant Doubt is for leaders who want to navigate uncertainty with courage and intelligence and who are ready to turn doubt into a strategic advantage.

All change starts with a doubt.



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 2026-03-03

HUMAN-WISE

How to lead from within and sell with confidence

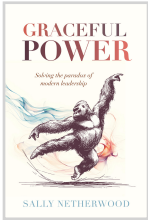
Helen Wada

Can we be both commercially focused and human at work?

We talk a lot about human-centric leadership – putting people, culture and inclusivity at the heart of business. Yet in today's competitive world success is still often associated with being results-focused and aggressive, which can seem like the opposite of human. Is it possible to put humanity at the heart of what we do without sacrificing performance?

Drawing upon coaching principles, *HUMAN-WISE* offers a unique practical framework to help you explore these ideas for yourself, and then apply them to others around you. Helen Wada is an experienced business development leader and executive coach who specializes in developing human-centric commercial leaders. With her business, The Human Advantage, she brings core coaching skills to life, linking them to a commercial focus. This book will transform how you approach conversations and help you build the resilience you need to be successful, in business and in life.

HUMAN-WISE is an essential read for any leader looking to develop themselves, grow their business and build a more human working world.



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Graceful Power

Solving the paradox of modern leadership

Sally Netherwood

Leadership has never been tougher.

Deliver results, drive change, navigate uncertainty, handle difficult conversations, stay human. All while being pulled between competing expectations: be confident and decisive, yet inclusive and responsive. Set uncompromising standards, yet invite candid feedback and admit mistakes. If you sometimes wonder whether you have what it takes, you're not alone.

The most effective leaders hold these paradoxes with a steadiness you can feel. They set clear direction without shutting people down. They create trust without lowering the bar. They act with conviction while staying open and grounded. They move people towards bold goals without drama or force, building cultures where people take ownership and thrive.

That is Graceful Power.

In these pages, world-class leadership coach Sally Netherwood distils decades of real-world coaching into a practical guide for leaders who want to expand their impact without losing themselves in the process. With real case studies and frameworks you can apply immediately, you'll build your own Graceful Power to grow the influence that drives performance, accelerate your career and enhance the experience of those around you.



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Uncharted Spaces

Reset the agenda. Reimagine the boardroom.

Shefaly M. Yogendra PhD

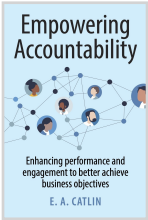
What happens in boardrooms? How are decisions made?

How can board directors keep on top of rapid, unpredictable change in the business environment?

How are boards and business leaders changing to remain relevant for the future?

Whether you are a business leader or a board director, this book will help your stewardship of businesses, as you navigate the dynamic world of strategic decisions in the face of complex challenges and rich opportunities.

Shefaly Yogendra, PhD is an experienced independent non-executive director and committee chair. She has served on boards of listed and privately held companies, a university and an LLP. She brings over three decades of multi-sector experience and multidisciplinary training to questions of technology and innovation, risk and foresight, and governance practices.



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Empowering Accountability

Enhancing performance and engagement to better achieve business objectives

E. A. Catlin

A new approach for integrating operational risk management

Accountability continues to be a key factor in corporate scandals. While today's governance structures are sufficient, their deployment within the operating environment may not be effective. This is because current thought leadership views accountability and empowerment from a talent management perspective. While this view remains important, organizations need to establish accountability more effectively within the context of the operating environment.

By *Empowering Accountability*, organizations can more effectively deploy their accountability structures. As a result, they can better achieve their business and ESG objectives. This book outlines practices that enhance the "G" of ESG by addressing today's accountability pitfalls and providing a stronger platform to integrate ESG risk management. These practices also advance the "S" of ESG beyond the essential and fundamental concepts of equality and acceptance to drive a high-performance organization.

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DECODING CONFIDENCE

The 7 habits of
confident leaders

ADVITA PATEL

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2026-05-05

Decoding Confidence

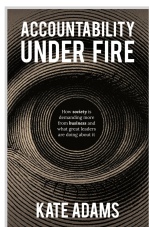
The seven habits of confident leaders

Advita Patel

This book will challenge everything you've been told about confidence and show you how to lead without having to change who you are.

Decoding Confidence is your go-to guide for building the kind of leadership confidence that transforms not just you, but everyone around you. It's about getting real, digging deep, and finding the confidence you need to lead with authority and courage. Patel takes you on a journey of self-discovery helping you understand your strengths, embrace vulnerability, and cultivate a positive internal dialogue that will help you achieve your goals.

It's not about being perfect; it's about being impactful. With practical strategies, relatable examples, and a bonus 30-day confidence habit tracker to help you turn insights into daily action, the habits in this book will show you how to make confidence accessible and actionable, so you can show up as the leader your team needs.



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 2026-05-26

Accountability Under Fire

How society is demanding more from business and what great leaders are doing about it

Kate Adams

Society now has a seat in the boardroom – what does that mean for leaders?

The age of transparency is giving society (including employees) a ring-side seat in the business world.

There is low trust and high scrutiny of business leaders – yet little support on what it means to be accountable to society. Where are the boundaries of accountability today? And what changes do leaders need to make?

This isn't a book about how to look good or delegate doing good. It's about how great business leaders own and navigate that challenging shift. If you believe the role of business in society goes beyond shareholder value, if you want to lead a company that understands its role in strengthening society, then this is for you.

Kate Adams has spent 25 years helping businesses to design and deliver on their accountability to society, and helping non-profits deliver social impact through partnership with business. She has consulted with some of the world's biggest corporations, and held senior leadership positions in non-profits such as Comic Relief. She is a Non-Executive Director at ParalympicsGB and co-host of the podcast 'Seat for Society'.



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The HOW of High Performance

Master high-stakes leadership, achieve results that matter

Sally Henderson

When the stakes are high, how you lead is everything.

The HOW of High-Performance isn't about leadership theory. It's about mastering how you lead when the stakes are high and the pressure is real. C-suite leaders are expected to perform at their best, yet few ever stop to refine the foundations that make the biggest difference in high-stakes moments. This book fills that gap.

Through the REAL Method, you'll rethink your leadership role, overcome emotional blockers, and sustain the energy to lead at your best. No fluff. No recycled advice. Just straight-talking tools to help you lead with clarity, confidence, and impact when it matters most.

Whether navigating transition, managing crisis, or refining your leadership, *The HOW of High-Performance* equips you to take control, perform under pressure, and deliver results that count.

Sally Henderson is a High-Stakes Leadership Mentor who helps C-suite leaders and their teams navigate complex challenges with clarity and speed. Having run a successful headhunting firm, she now focuses on the most challenging C-suite issues, taking a refreshingly direct approach in a world full of jargon to deliver real results when it matters most.



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Lead Self First

7 Lean-Inspired Steps to Unlock Next-Level Growth

Caroline McKenna

It starts with you.

Ever noticed that it's when you're on the brink of next-level growth that the inner unrest surfaces? It shows up in different ways. Maybe you can't seem to get out of the day-to-day work to focus on strategic activities. Or you doubt your ability to take your growing SME to the next level. Or maybe you realise you're so addicted to working that you feel guilty when you invest in self-care.

But the truth is that this inner unrest costs you and your business dear: it creates hidden buckets of waste that can stop you – and your team – from achieving and enjoying next-level growth.

The good news is that it all starts with you. The 7-step 'Lead Self First' framework will support you to take control by leading yourself first, and gives your team a structure they can use too, so you can navigate the challenges of growth with confidence and get from where you are to where you want to be.

Caroline McKenna is an accredited executive coach and founder of the award-winning Lead Self Coaching and Development, with 20 years' experience working in growing SMEs, leading and developing teams. She coaches global business leaders and supports scaling SME leaders to navigate the challenges of pursuing ambitious goals. She developed the Lead Self First Model from her experience of working with Ireland's top entrepreneurs to unlock next-level growth.



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 2026-09-01

Rehumanizing Trust

How trust is fractured in digital life - and how we rebuild it

Steve C Landes

Why do our systems no longer feel human? An exploration of how trust erodes - quietly and systemically - across digital platforms, institutional cultures and everyday interactions.

Drawing together insights from cybersecurity, systems thinking, leadership, trauma studies and social change, *Rehumanizing Trust* reveals how our trust instincts are exploited by systems built for compliance, not care. But it also offers a way forward: a path to reclaim trust as a relational architecture rooted in presence, memory and mutual risk.

At a time when artificial intelligence, institutional distrust and emotional fatigue are reshaping our lives, this book is both a companion for those trying to stay human in systems that prioritize performance over presence and a practical handbook for professionals grappling with ethical and relational crises.



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2026-09-29

Adaptability Intelligence

Mastering the #1 leadership skill for whatever happens next

Rich Alderton

Right now, the chances are that the world is changing faster than your organization. And it won't be slowing down any time soon.

If your organization is stuck in the old model of change – unfreeze, move, refreeze – sooner or later you'll fall so far behind that you fall over. Instead of relying solely on change management skills, what you also need now is *Adaptability Intelligence*. When you move your people from fear of change to freedom to change, you set them up for higher productivity, better leadership and transformational change – forever.

Those who are more adaptable don't just bounce back from adversity, they bounce higher, able to see any change as the chance to make a difference to others and to challenge themselves. They have the confidence to face an uncertain future knowing that they're ready to make the most of whatever happens next.

When everything changes, all the time, adaptability is the only future-proof skill, and the one that unlocks all the others.

Rich Alderton has been leading change for over 25 years, in roles that have included head of a billion-dollar supply chain, regional CEO of a global No.1, and board member of a listed company. He now runs a leadership development practice, with a diverse client list that ranges from agritech start-ups in NZ to the UK's NHS.



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AI-Q

The new leadership imperative for the Human+AI era

Athena Peppes

Boost your AI quotient for AI-ready leadership.

Most leaders know that AI can deliver efficiency gains, making it a company priority in a challenging business environment. But the pace of change is outstripping their ability to adapt. More than 75% of leaders report that AI is creating challenges they have never faced before and these new challenges, anxieties and uncertainty about the future are creating a 'readiness gap'.

AI-Q, your AI Quotient, is both a new metric for assessing readiness and a framework for building it. Use the AI-Q MAP (Mindset, Abilities and Practices) to:

- assess where you are today
- identify the critical gaps, and
- build the leadership and organizational capabilities you need to ensure your AI investments deliver returns.

Futurist and economist Athena Peppes draws on research from leading institutions and expert interviews to offer a new approach to AI-readiness, the new critical leadership capability in the human+AI era.



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 2027-04-13

Starting Fast

A practical guide for new team leaders

Anna Inama, Andy Fryer

Are you ready to lead your team?

Creating effective teams is pivotal for business success, yet it's a daunting task for many leaders. This toolkit focuses on the first 100 days of novice team leaders, offering practical guidance to lay strong foundations, navigate challenges, and adapt in today's dynamic environment. It emphasizes quick learning and adaptation for success.

Andy Fryer and Anna Inama are seasoned business leaders and accomplished executive and team coaches. With over three decades of experience, they accompany you on your journey, combining practical leadership insights with a deep understanding of team dynamics so you can step into the world of team leadership with confidence.



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Market-Led Growth

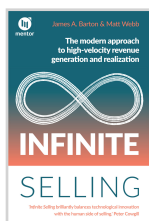
A new operating system for business in the age of AI

Felix Dancazak

The companies that win with AI won't be the ones that adopt it. They'll be the ones that rebuild around it.

Your old growth playbook is breaking down. AI is collapsing moats, compressing product cycles, and reshaping how customers buy. Meanwhile, your teams are still executing strategies built for a slower, more stable world. *Market-Led Growth* shows you how to rebuild—fast.

This is not a book of tactics. It's a blueprint for transforming how your company senses shifts in demand, adapts GTM in real time, and scales with the market—not against it. You'll learn how to decentralize decision-making, embed AI into execution, and move capital, people, and priorities at the speed of market signal. If you're serious about building a company that thrives in the AI era—not just survives it—this is your operating manual.



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Infinite Selling

The modern approach to high-velocity revenue generation and realization

James A. Barton, Matt Webb

Sales is dead. Long live selling.

The digital age has rendered traditional sales tactics obsolete. Buyers demand more than transactional relationships – they seek partners who understand their journey, anticipate friction, and deliver value at every stage.

Infinite Selling offers a revolutionary blueprint for this new era, equipping leaders with the strategies to transform revenue performance and build enduring commercial success.

At its core, the INFINITE methodology redefines selling as a dynamic, end-to-end process tailored for modern business challenges. By mastering the eight pillars – Interest, Need, Friction, Intent, Navigate, Inspire, Timing, and Execute – you can unlock a increase in deal size, a boost in revenue win rates, and a surge in cross-selling opportunities.

Grounded in digital literacy, customer-centricity and strategic agility, this is an actionable framework to navigate complex buyer journeys, from initial engagement to post-sale advocacy.



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Step Up To Sales Leader

How to lead your new sales team to thrive and grow

Amanda Downs

The ultimate sales leader playbook

Sales is the lifeblood of every organisation, and more than ever we need strong, capable, humble, authentic and inclusive commercial leaders who know how to get the best out of their sales teams.

You were at the top of your game as a sales person. But now you're a sales leader, and getting results through a high-performing sales team is a different game. There are so many different hats you need to wear: Chief Strategy Officer, Chief Team Motivator, Chief Value Storyteller...

Discover a simple, powerful framework to help you make that transition, mastering each critical area of sales leadership step by step. Easy to read and packed with real-life examples, tips and coaching questions you can use today, together with downloadable tools and templates, this is the essential guide to success in what can be one of the toughest, loneliest jobs in business.

Amanda Downs is Director of Commercial Leadership at The Uspire Group and Founding Director of her private coaching practice, Sales Growth Expert. A sales leadership capability expert, she brings decades of hands-on management, training and coaching wisdom to her sales leader clients globally.



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Make Marketing Matter

Change perceptions. Drive performance. Architect growth.

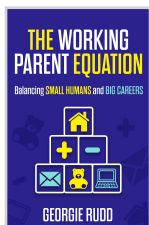
Emma Pownall

Stop justifying marketing. Start architecting growth.

Too often, CMOs find they're speaking a different language to the rest of the boardroom. Creativity and commerciality clash. Growth stalls. The exact opposite of what marketing leaders - and their CEOs - intended.

There is a better way. Marketing leaders should be the architects of growth, operating strategically across three critical dimensions: resonating with the audience, translating boardroom priorities, and driving growth ambitions. More impact. More outcomes.

For a decade, Emma Pownall was the only marketer in a high-performing tech company boardroom surrounded by leaders who didn't understand marketing's complexity or trust its value. Drawing on real-world examples of translating strategy into business language to secure investment, she shows marketing leaders - and their CEOs - how to elevate marketing's strategic role, justify budgets and architect growth.



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The Working Parent Equation

Balancing small humans and big careers

Georgie Rudd

For working parents, it's a noisy world of opinion and expectation. Friends, family and social media all offer advice that seems credible, but can be contradictory, outdated or unhelpful. Plus there's that shrill inner voice telling you you're failing on all fronts...

What if you knew how to turn down the volume and tune into your best thinking? What if you had the tools to ensure your precious reserves of energy were focused on the things that count the most?

Finding your own way to balance the equation of loving your children and your career without losing yourself along the way has never been more important.

Georgie Rudd, an accredited executive coach to hundreds of brilliant leaders with the equally demanding job of parenting, puts the power of coaching into the hands of all working parents.

- Practical, easy-to-use diagnostic tools.
- Deep, pragmatic understanding of the real world of corporate work.
- Honest stories highlighting what every parent finds hard and what to do about it.

Whether you're making the pivotal return to work after parental leave or your challenging teen is making you doubt yourself, this book has your back.



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Sometimes You Should Be Late

The quiet rebellion of slowing down in a world obsessed with speed

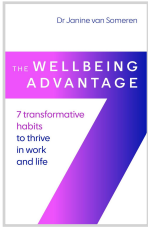
Alex Snider

What if the real measure of your life isn't how fast you run, how much you do, how 'on time' you are, but how well you pay attention to what actually matters?

Sometimes You Should Be Late is about the quiet courage to slow down when the world keeps shouting, hurry up. It's not really about clocks; it's about questioning the stories we've inherited about time and consciously, rebelliously, choosing our own path.

We live in a culture that worships urgency. Like horses with blinders, we're trained to look straight ahead—at deadlines, meetings, and to-do lists. This book invites us to lift those blinders and see what we're missing: the colleague who has a sad look in their eye, the simple joy of a walk, the gift of a slow morning with loved ones, the stranger who needs help. Because sometimes being late is how we arrive on time for what truly matters.

Drawing on stories from government, psychology, and everyday life, meditation teacher and writer Alex Snider offers a field guide for reclaiming your attention from urgency culture. This isn't about hacks or time-management tricks. It's about choosing presence over punctuality, kindness over checklists, and our humanity over the clock.



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The Wellbeing Advantage

7 transformative habits to thrive in work and life

Dr. Janine van Someren

Are you ready to transform your energy and resilience to thrive in work and life?

The Wellbeing Advantage is a timely and transformative guide for modern professionals who want to feel more energised, focused and in control. Whether you're seeking better balance, greater mental clarity or a smarter way to handle pressure, this book introduces seven simple science-backed habits to help you build resilience and protect your wellbeing, without overhauling your life.

Dr Janine van Someren, a leading wellbeing consultant and expert in wearable technology, combines insights from high-performance coaching, behavioural change and the science of wellbeing to deliver results. Learn how to:

- Build energy and resilience through small changes that deliver big results
- Unlock the power of wearable technology to monitor stress and recovery
- Maximise rest to increase your capacity and protect against burnout
- Apply coaching techniques to support sustainable personal growth
- Manage stress with practical, flexible strategies that fit real life.

From energising routines to rest that truly restores, *The Wellbeing Advantage* gives you the tools to bring your best self to work and home again.



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Executive Eats

The cookbook for a better working life

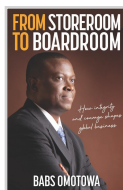
Dr Jakub Leszek Radzikowski, Adam Kingl

The cookbook for a better working life

From sustained energy to improved focus and mood, each chapter in this extraordinary cookbook pairs the latest nutritional research with practical culinary applications, offering readers scientifically backed recipes designed to address the challenges they face in their day-to-day lives.

Whether you need a morning boost, an afternoon pick-me-up or a calming meal after a stressful day, you will have a deeper understanding of why certain foods can enhance your mental and physical states. This is more than just a collection of recipes; it's a tool to help you make mindful, informed decisions about your diet. Blending culinary expertise with scientific rigor, this cookbook equips you with the knowledge and recipes to nourish both your body and mind.

BACKLIST



Biography
From Storeroom to Boardroom
978-1-78860-234-1
23 February 21

Babs Omotowa



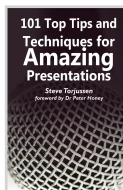
Biography
Top of Heart
978-1-78860-436-9
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Grant Muller, foreword by Bob Burg



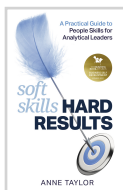
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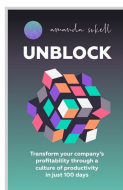
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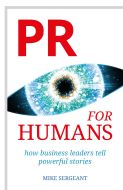
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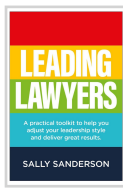
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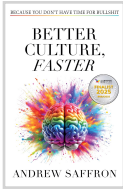
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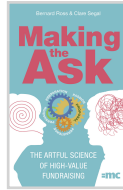
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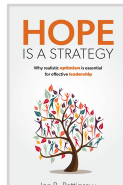
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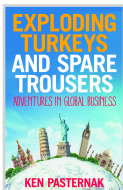
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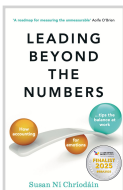
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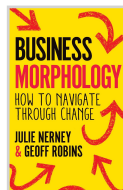
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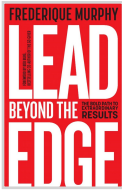
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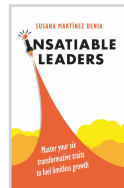
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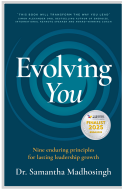
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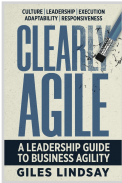
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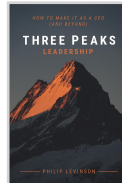
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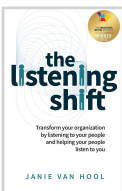
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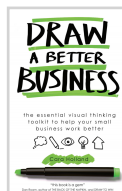
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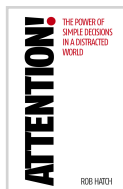
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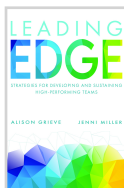
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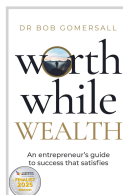
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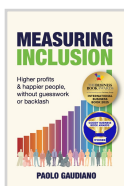
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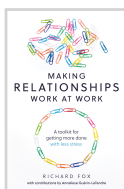
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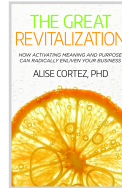
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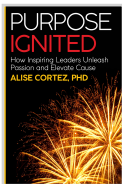
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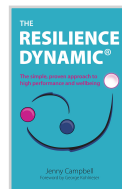
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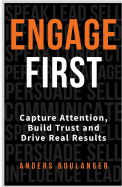
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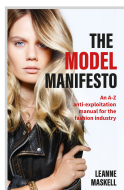
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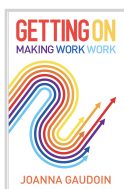
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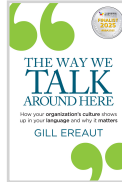
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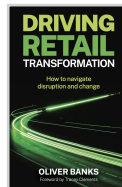
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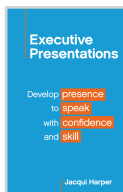
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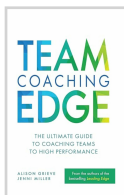
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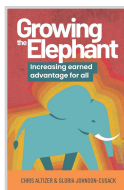
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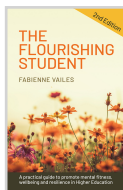
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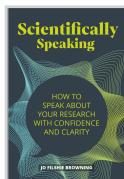
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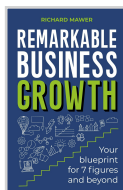
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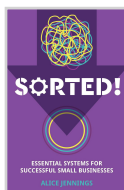
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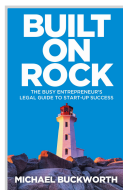
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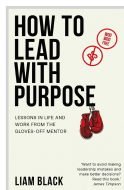
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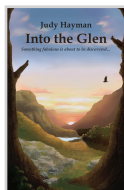
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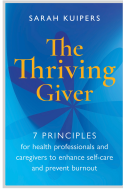
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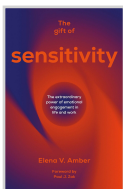
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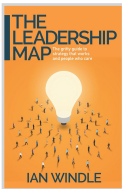
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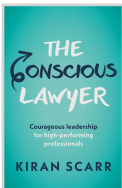
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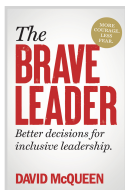
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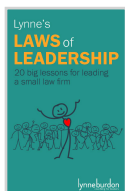
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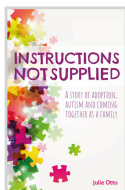
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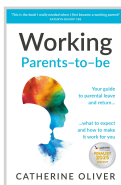
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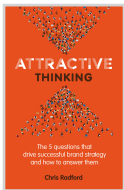
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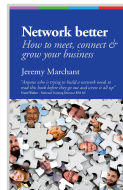
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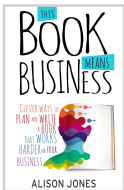
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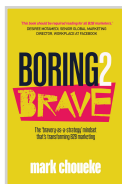
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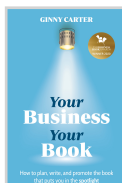
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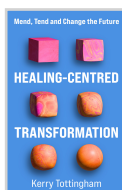
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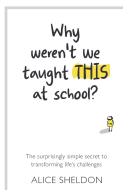
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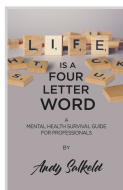
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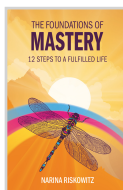
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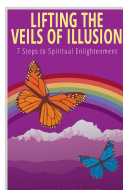
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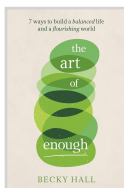
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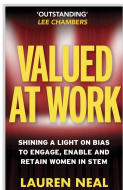
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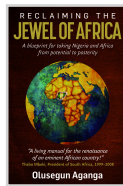
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